# Medical ultrasound imaging Modern ultrasound imaging

Jan Kybic, André Sopczak

Czech Technical University in Prague
https://cmp.felk.cvut.cz/~kybic kybic@fel.cvut.cz
http://cern.ch/sopczak andre.sopczak@cvut.cz

2005-2025

### Doppler ultrasound

US contrast agents

Harmonic imaging

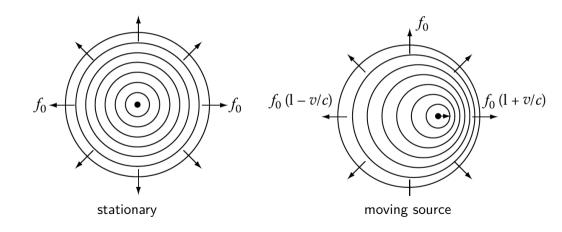
3D US imaging

Christian Doppler 1803–1853

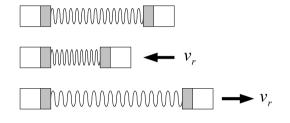


During his time in Prague as a professor he married and had five children, whilst he published over 50 articles on mathematics, physics and astronomy. In 1842 he published his most famous paper Über das farbige Licht der Doppelsterne ("Concerning the Colored Light of Double Stars"), which contained his first statement of the Doppler effect.

# Doppler frequency shift



## Stationary source, moving receiver

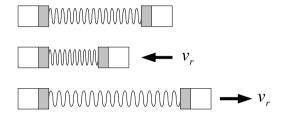


$$f_r = f_s + \frac{v_r}{\lambda_s} = f_s + \frac{v_r}{c} f_s = f_s + f_d$$
, since  $\lambda_s = \frac{c}{f_s}$ 

Doppler shift

$$f_d = \frac{v_r}{c} f_s$$

# Stationary source, moving receiver



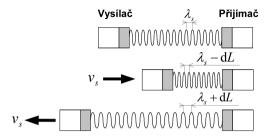
$$f_r = f_s + \frac{v_r}{\lambda_s} = f_s + \frac{v_r}{c} f_s = f_s + f_d$$
, since  $\lambda_s = \frac{c}{f_s}$ 

Doppler shift

$$f_d = \frac{v_r}{c} f_s$$

Example: For f = 5 MHz,  $v_r = 1 \text{ cm/s}$ ,  $f_d = 33 \text{ Hz}$ .

### Stationary receiver, moving source



Wavelength change

$$\delta\lambda = v_s T_s = \frac{v_s}{f_s}$$

$$\lambda_r = \lambda_s - \delta\lambda = \frac{c}{f_s} - \frac{v_s}{f_s}$$

$$f_r = \frac{c}{\lambda_r} = \frac{c}{c - v_s} f_s$$

# Stationary receiver, moving source (2)

$$f_r = \frac{c}{\lambda_r} = \frac{c}{c - v_s} f_s = \frac{1}{1 - \frac{v_s}{c}} f_s$$

# Stationary receiver, moving source (2)

$$f_r = \frac{c}{\lambda_r} = \frac{c}{c - v_s} f_s = \frac{1}{1 - \frac{v_s}{c}} f_s$$

From Taylor series, for  $x \ll 1$ 

$$\frac{1}{1-x} = 1 + x + \frac{x^2}{2} + \dots \approx 1 + x$$

For  $v \ll c$ 

$$f_r \approx \left(1 + \frac{v_s}{c}\right) f_s = f_s + f_d$$

Doppler shift

$$f_d = \frac{v_s}{c} f_s$$

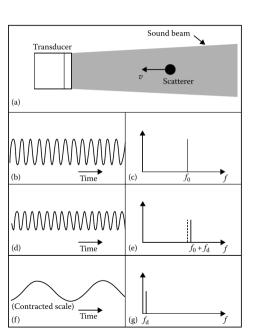
### Blood flow speed measurement

- ▶ Doppler effect: Frequence changes if the source moves with respect to the receiver.
- Reflection from red blood cells
- Red blood cells
  - Moving receiver
  - Moving source
- Doppler shift

$$f_r = f_t + f_d$$
  $f_d \approx 2 \frac{v}{c} f_c$ 

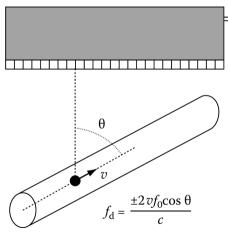
# Moving scatterer

 $time \ and \ frequency \ domains$ 



### Angle dependency

We only measure the projection along the ray:  $v\cos\theta$ 



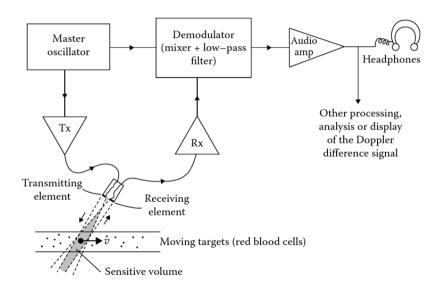


$$f_0 = f_s$$

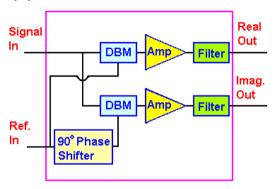
# Angle dependency (2)

- ▶ Insonation angle  $90^{\circ} \longrightarrow$  weak or no signal.
- ightharpoonup Known angle  $\longrightarrow$  angle correction.

### Continuous wave Doppler



## Quadrature detector (1)



- ▶ Input:  $g_a = \cos(at)$ ,  $g_b = \cos(bt)$
- Output:  $g = g_a g_b = \frac{1}{2} \cos((a+b)t) + \frac{1}{2} \cos((a-b)t)$
- ▶ Signal cos((a + b)t) can be filtered (low-pass filter)
- ▶ Difference frequence signal  $s_r = \cos((a-b)t)$
- "Imaginary" signal  $s_i$  shifted by  $90^\circ$ :  $\sin((a-b)t)$

## Quadrature detector (2)

DBM (Double-Balanced Mixer) in Ultrasound Demodulation

A Double-Balanced Mixer (DBM) is an electronic component used in signal processing, including ultrasound demodulation.

- Extract modulated signals by mixing the incoming ultrasound wave with a reference signal.
- ▶ Suppress unwanted noise and harmonics by canceling out common-mode signals.
- Improve directional selectivity in ultrasound imaging and communication systems.

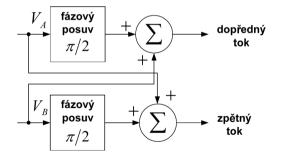
#### Directional demodulation

To distinguish positive/negative flow direction,  $\pm f_d$ .

### Method 1: Phase-domain processing

- ightharpoonup Quadrature mixer with  $f_s$
- ▶ Phase offset  $\angle s_r = \angle s_i = \pm 90^\circ$

$$\begin{array}{c|cccc} & f_d > 0 & f_d < 0 \\ \hline s_r + T_{90} s_i & 0 & 2 s_r \\ T_{90} s_r + s_i & 2 s_r & 0 \\ \end{array}$$



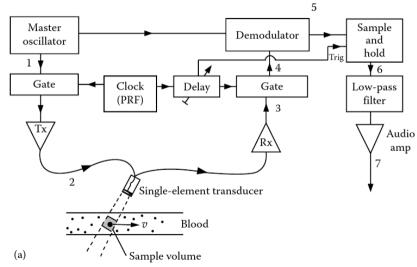
### Directional demodulation

To distinguish positive/negative flow direction,  $\pm f_d$ .

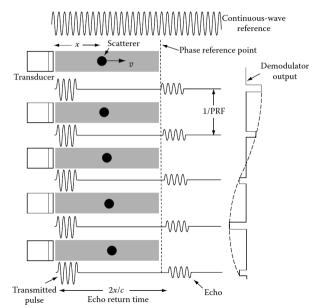
### Method 2: Frequency shift

- ▶ Quadrature mixer with  $f_s + f_o$
- $ightharpoonup f_d = 0 \longrightarrow \text{mixer output } f_o$
- $f_d = \operatorname{freq}(s_r) f_o$

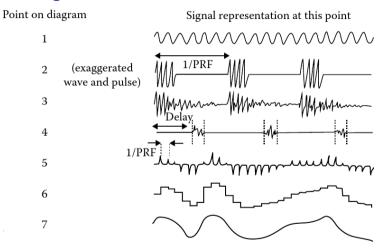
# Pulsed wave Doppler (PW)



# Sampled Doppler shift signal



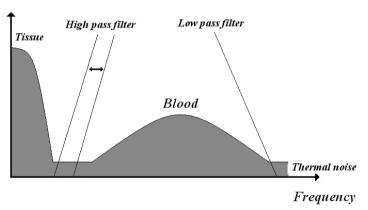
### PW Doppler shift signals



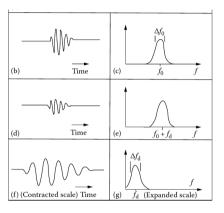
PRF:pulse repetition frequency, 2:transmitted signal, 3:received signal, 4:gated signal, 5:demodulated signal, 6:interpolated signal, 7:output

# PW Doppler spectrum





## Speed uncertainty

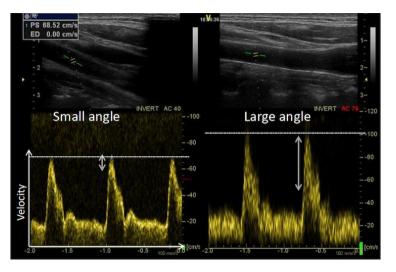


$$\Delta f_d = \frac{2v}{c\tau} = \underbrace{\frac{f_d}{f_s\tau}}_{Q}, \qquad \Delta v = \frac{v}{Q}$$

au — pulse length, Q — quality factor, number of cycles in a pulse

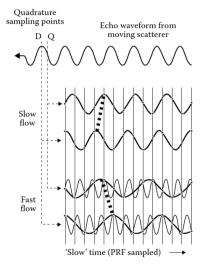
## Speed uncertainty

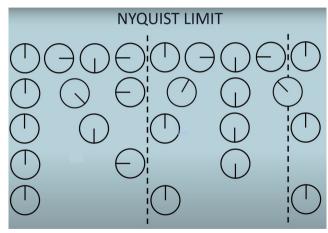
Angle dependency



small angle  $\longrightarrow$  higher number of cycles Q

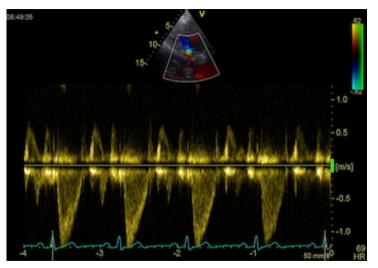
# Aliasing (PRF too low)





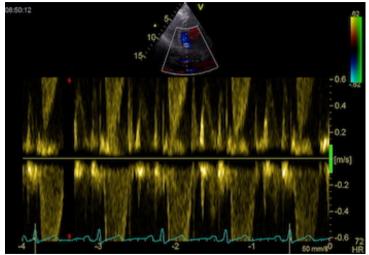
Nyquist 
$$\longrightarrow f_d < f_p/2$$

### Aliasing example



 ${\sf B-mode+Doppler+velocity\ spectrum\ --\ high\ PRF\ } \textit{f}_{p}$ 

### Aliasing example



B-mode+Doppler+velocity

 ${\rm spectrum-low\;PRF}\;f_p$ 

# Range-velocity tradeoff

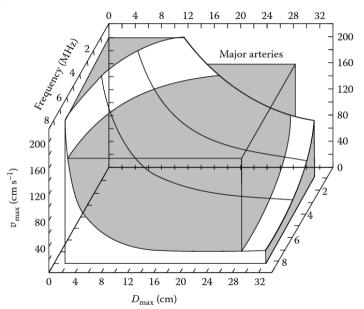
$$f_d < f_p/2 \longrightarrow v_{\text{max}} = \frac{f_p c}{4f_s}$$
 $z_{\text{max}} = \frac{T_p c}{2} = \frac{c}{2f_p}$ 
 $v_{\text{max}} z_{\text{max}} = \frac{c^2}{8f_s}$ 

# Range-velocity tradeoff

$$f_d < f_p/2 \longrightarrow v_{\text{max}} = \frac{f_p c}{4f_s}$$
 $z_{\text{max}} = \frac{T_p c}{2} = \frac{c}{2f_p}$ 
 $v_{\text{max}} z_{\text{max}} = \frac{c^2}{8f_s}$ 

Limitation is for  $(v \cos \theta)_{\text{max}}$ .

# Range-velocity tradeoff



## Minimum velocity

Observe at least one period of  $f_d$ 

$$T_d < NT_p$$

with N transmissions per line

$$f_d > rac{f_p}{N}$$
 $v_{\min} = rac{f_p c}{2Nf_s}$ 

## Minimum velocity

Observe at least one period of  $f_d$ 

$$T_d < NT_p$$

with N transmissions per line

$$f_d > rac{f_p}{N}$$
 $v_{\min} = rac{f_p c}{2Nf_s}$ 

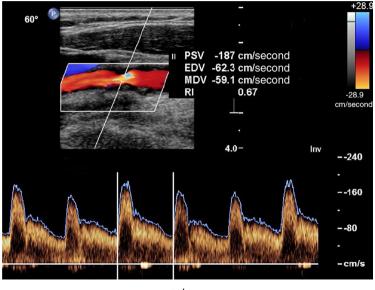
- ▶ Usually  $2 \sim 3$  cycles required
- $ightharpoonup N = 5 \sim 10$  or more
- Temporal averaging
- ightharpoonup slow  $f_p$

# Doppler US — examples



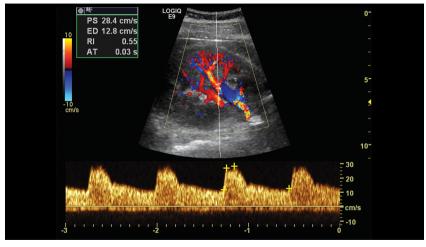
heart

# Doppler US — examples



artery 27/42

# Doppler US — examples



liver

Doppler ultrasound

US contrast agents

Harmonic imaging

3D US imaging

#### Contrast agents

- ▶ 1968, Gramiak, saline injection
- Microbubbles  $(2 \sim 5 \,\mu\text{m})$
- Asymmetric compression/expansion
- ightharpoonup Stabilization (synthetic polymers), up to 5 10 min.
- Injection
- Albunex, Optison, Echovist, Levovist...

## Flash contrast imaging

US bubble destabilization.



normal

#### Flash contrast imaging

US bubble destabilization.



flash, bubbles broken

# Flash contrast imaging

US bubble destabilization.



filling up

Myocardial perfusion evaluation.

Doppler ultrasound

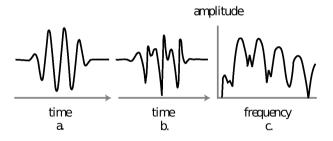
US contrast agents

Harmonic imaging

3D US imaging

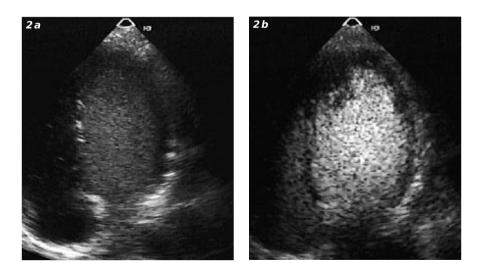
#### Nonlinear response

#### Assymetric bubble compression



## Harmonic imaging

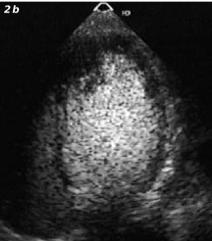
▶ Transmit  $f_0$ , receive  $2f_0$ 



# Harmonic imaging

- ▶ Transmit  $f_0$ , receive  $2f_0$
- ► Bandwith limitation

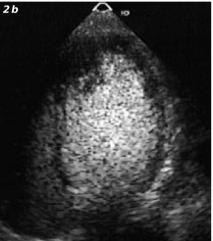




### Harmonic imaging

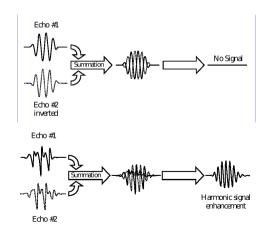
- ▶ Transmit  $f_0$ , receive  $2f_0$
- ► Bandwith limitation
- ▶ Bubbles not needed, tissue nonlinearity





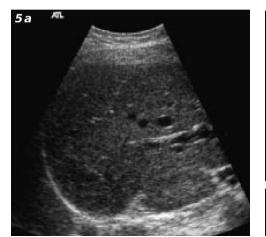
# Pulse Inversion Harmonic Imaging

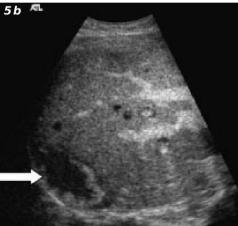
- ▶ Two pulses, second inverted
- ► Responses summed
- Filtration not needed



# Pulse Inversion Harmonic Imaging

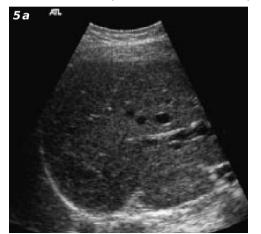
- ► Two pulses, second inverted
- ► Responses summed
- ► Filtration not needed

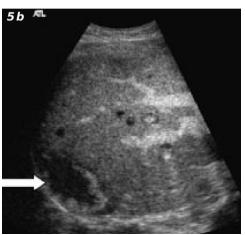




# Pulse Inversion Harmonic Imaging

- ▶ Two pulses, second inverted
- Responses summed
- Filtration not needed
- Several pulses (Power Pulse Inversion)





Doppler ultrasound

US contrast agents

Harmonic imaging

3D US imaging

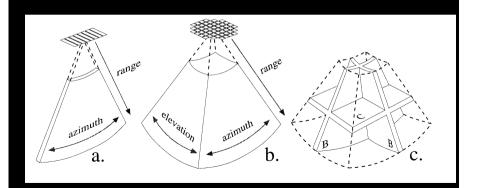
# 3D Reconstruction





# 3D Ultrasound



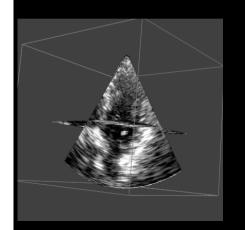


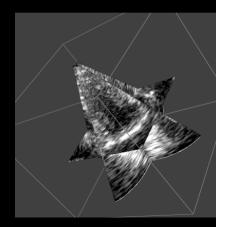
Traditional 2D

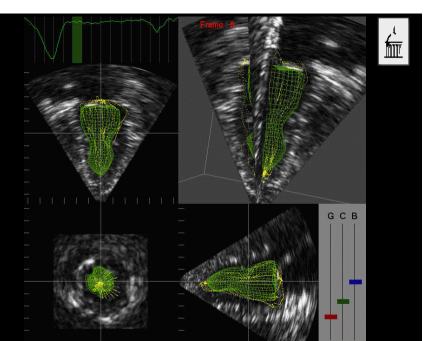
New 3D

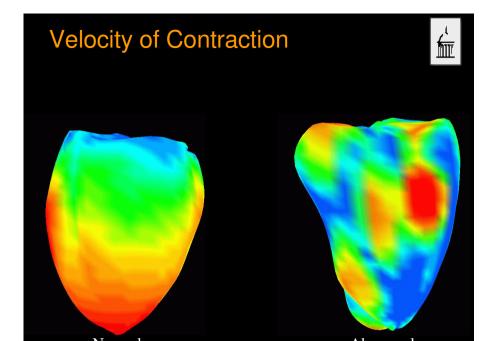
# Real-time 3D Ultrasound











### Biological effects

- Thermal effects
  - ► 1.5 °C indefinitely or 6 °C for 1 min
  - highest risk in bones (transcranial imaging)
- ► Cavitation growth/collapse of bubbles
  - for long pulse lengths or high pressure
  - may damage cells
  - unlikely to occur in vivo
- ► Radiation pressure makes tissues/fluids move

#### Biological effects

- Thermal effects
  - ► 1.5 °C indefinitely or 6 °C for 1 min
  - highest risk in bones (transcranial imaging)
- ► Cavitation growth/collapse of bubbles
  - for long pulse lengths or high pressure
  - may damage cells
  - unlikely to occur in vivo
- ▶ Radiation pressure makes tissues/fluids move
- Clinical studies found no harmful effects

### Biological effects

- Thermal effects
  - ► 1.5 °C indefinitely or 6 °C for 1 min
  - highest risk in bones (transcranial imaging)
- Cavitation growth/collapse of bubbles
  - for long pulse lengths or high pressure
  - may damage cells
  - unlikely to occur in vivo
- Radiation pressure makes tissues/fluids move
- Clinical studies found no harmful effects
- ... ultrasound power output is increasing.

#### Conclusions

- Non-invasive, affordable and portable imaging technique
- ► Excellent soft tissue imaging
- Lower image quality (wrt CT or MRI) due to speckle but improving
- Low penetration depth versus resolution
- Does not pass through air or gas
- Does not pass through bones, shadows
- ▶ Modern techniques 3D, contract agents, Doppler