Nuclear imaging PET. SPECT

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Resources

- http://www.bic.mni.mcgill.ca/~louis/seminars/399-650/pet.html
- http://ocw.mit.edu/NR/rdonlyres/Nuclear-Engineering/ 22-01Introduction-to-Ionizing-RadiationFall2003/ 60AA5867-88AE-49C7-9478-2F4661B4EBBE/0/pet_spect.pdf
- http: //www.pet.mc.duke.edu/rsna04/turk-petspectphysicsRSNA2005.pdf
- http://www.nuclear.kth.se/courses/medphys/5A1414/TOFPET1.pdf
- http://www.fmri.org,
- A. Webb: Introduction to Biomedical Imaging
- ▶ images by: Wikipedia, NIH, Moazemi et al., Rager et al., Virginia Commonwealth University...

Principles of nuclear imaging

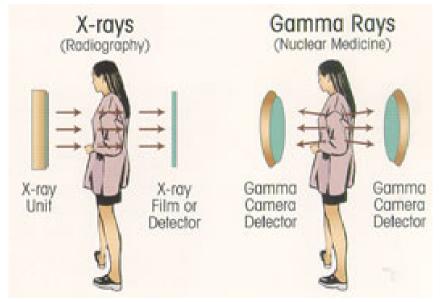
Radioactivity

Gamma camera

SPECT

PET

Conclusions



- ► X-ray and CT
 - transmission imaging, external source

- ▶ PET, SPECT
 - emission imaging, source internal to body

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 - transmission imaging, external source
 - ► Anatomic imaging (shape, fracture)

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 - ► Functional imaging (metabolism, perfusion), tracer concentration

► X-ray and CT

- transmission imaging, external source
- Anatomic imaging (shape, fracture)
- X-rays

▶ PET, SPECT

- emission imaging, source internal to body
- Functional imaging (metabolism, perfusion), tracer concentration
- $ightharpoonup \gamma$ rays

► X-ray and CT

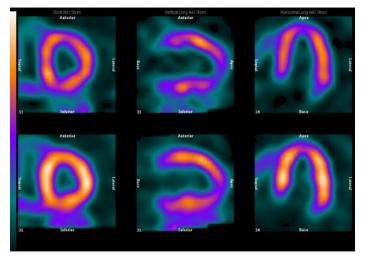
- transmission imaging, external source
- ► Anatomic imaging (shape, fracture)
- X-rays
- ► Good resolution, < 1 mm

► PET, SPECT

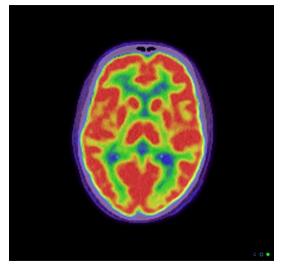
- emission imaging, source internal to body
- Functional imaging (metabolism, perfusion), tracer concentration
- $ightharpoonup \gamma$ rays
- ► Lower resolution, $5 \sim 20 \, \text{mm}$



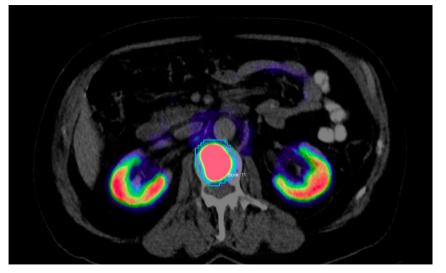
 $Hand,\ osteoarthritis,\ CT+SPECT$



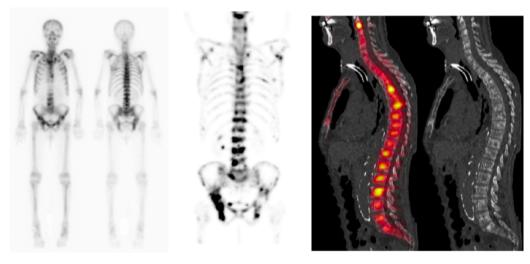
Heart, myocardial perfusion, PET



Brain, FDG PET, metabolism



Renal (kidney) PET+CT, Ga-PSMA contrast agent.



 ${\sf Metastases,\ SPECT+CT,\ MIP}$

Principles of nuclear imaging

Radioactivity

Radioactive decay

Radionuclide production Cyklotron Radiopharmaceuticals

Gamma camera

SPECT

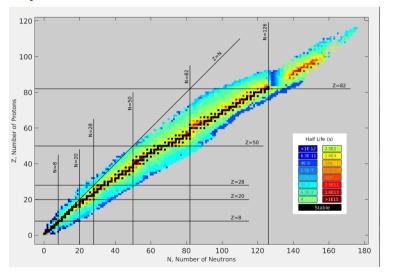
PET

Conclusions

Radioactivity

- ▶ element = same number of protons
- ▶ isotope/nuclide = same number of protons and neutrons
- \blacktriangleright excess of neutrons/protons \rightarrow instability \rightarrow radioactive decay chain \rightarrow stable isotope

Valley of stability



Isotopes with Z slightly smaller than N are stable.

Radioactive decay modes

Unstable parent nucleus → Daughter nucleus + particles (energy)

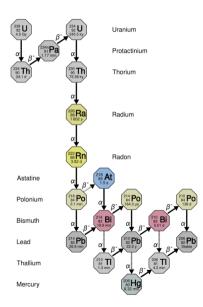
- ightharpoonup Alpha decay (α)
- ightharpoonup Beta decay (β)
- ▶ Positron decay (β^+)
- Isomeric transition
- Electron capture
- Proton emission, neutron emission, . . .

Alpha decay

- ▶ Spontaneous emission of α particles
 - ▶ 2 protons + 2 neutrons, ⁴₂He, charged
 - energy 4 \sim 8 MeV, speed 0.05c
 - \blacktriangleright strong interaction, low penetration (cm in air, μ m in tissue), easy shielding
 - important biological effects (relative biological effectiveness 20), DNA damage
 - no use in imaging, used in therapy
- lacktriangle happens in heavy nuclei (radium, polonium, uranium, thorium, radon, \ldots) and Be
- lacktriangle excess energy released as γ (electromagnetic) rays (photons)

$$\begin{array}{c} \overset{A}{Z}\mathsf{X} \overset{\alpha}{\longrightarrow} \overset{A-4}{Z-2}\mathsf{Y} + \overset{4}{\overset{}_{2}\mathsf{He}} \\ \underbrace{\overset{226}{88}\mathsf{Ra}} \overset{\alpha}{\longrightarrow} \underbrace{\overset{222}{86}\mathsf{Rn}} + \overset{4}{\overset{}_{2}\mathsf{He}} \\ \overset{radium}{radium} \overset{radion}{\longrightarrow} \underbrace{\overset{222}{86}\mathsf{Pb}} \\ \end{array}$$

Decay chain



Beta decay

- \triangleright β particles = electrons e⁻
- ► Neutron conversion

$$n \stackrel{\beta}{\longrightarrow} p + e^- + \bar{\nu}_e$$

 $\bar{\nu}_e$ — electron antineutrino

$$_{Z}^{A}X \xrightarrow{\beta} _{Z+1}^{A}Y + e^{-} + \bar{\nu_{e}}$$

- For neutron-rich (N > Z) isotopes
- ightharpoonup e⁻ ejected with high energy (eta rays), continuous spectrum
- remaining energy = $\bar{\nu_e}$, nucleus recoil
- $lackbox{ excited state nucleus} \longrightarrow \gamma \text{ rays}$

Beta decay

Examples

$$\begin{array}{c} ^{14}\text{C} \stackrel{\beta}{\longrightarrow} ^{14}_7\text{N} + \text{e}^- + \bar{\nu_e} & \text{half-life 5730 years} \\ ^{99}_{42}\text{Mo} \stackrel{\beta}{\longrightarrow} ^{99m}_{43}\text{Tc} + \text{e}^- + \bar{\nu_e} & \text{half-life 2.7 days} \end{array}$$

Isomeric transition

Excited state nucleus $\longrightarrow \gamma$ rays

Metastable **Technetium** $^{99m}_{43}$ Tc

$$^{98}_{42}\text{Mo} \longrightarrow ^{99}_{42}\text{Mo}$$
 neutron bombardment

$$^{99}_{42} ext{Mo} \stackrel{eta}{\longrightarrow} ^{99m}_{43} ext{Tc} + ext{e}^- + ar{
u_e} \qquad ext{half-life 2.7 days}$$

$$^{99m}_{43}$$
Tc $\stackrel{\gamma}{\longrightarrow} ^{99}_{43}$ Tc

half-life 6 h

Isomeric transition

Excited state nucleus $\longrightarrow \gamma$ rays

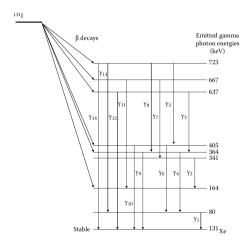
Metastable **Technetium** $^{99m}_{43}$ Tc

$$\label{eq:problem} \begin{array}{c} ^{98}_{42}\text{Mo} \longrightarrow ^{99}_{42}\text{Mo} & \text{neutron bombardment} \\ ^{99}_{42}\text{Mo} \stackrel{\beta}{\longrightarrow} ^{99m}_{43}\text{Tc} + \text{e}^- + \bar{\nu_e} & \text{half-life 2.7 days} \\ \\ \hline \\ ^{99m}_{43}\text{Tc} \stackrel{\gamma}{\longrightarrow} ^{99}_{43}\text{Tc} & \text{half-life 6 h} \\ \\ ^{99}_{43}\text{Tc} \stackrel{\beta}{\longrightarrow} ^{99}_{44}\text{Ru} & \text{half-life} > 200\,000 \text{ years} \end{array}$$

- most commonly used medical radioisotope
- $ightharpoonup \gamma$ (photon) energy 140 keV

Multiple decay processes

lodine



Positron decay

 β^+ decay

- $\triangleright \beta^+$ particles = positrons e⁺
- Proton conversion

$$p \xrightarrow{\beta^+} n + e^+ + \nu_e$$

 ν_e — electron neutrino

$$_{Z}^{A}X \xrightarrow{\beta^{+}} _{Z-1}^{A}Y + e^{+} + \nu_{e}$$

▶ For proton-rich (N < Z) isotopes

Positron decay

 β^+ decay

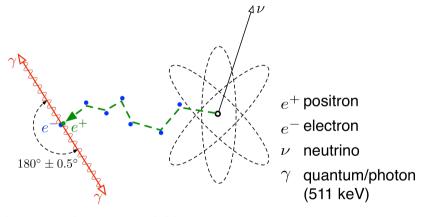
Examples

$$\begin{array}{c} ^{23}_{12} \text{Mg} \stackrel{\beta^+}{\longrightarrow} ^{23}_{11} \text{Na} + \text{e}^+ + \nu_e & \quad \text{half-life 11 s} \\ ^{68}_{31} \text{Ga} \stackrel{\beta^+}{\longrightarrow} ^{68}_{30} \text{Zn} + \text{e}^+ + \nu_e & \quad \text{half-life 68 min} \end{array}$$

Positron decay

 β^+ decay

▶ Positron e^+ is **annihilated**: $e^+ + e^+ \longrightarrow \gamma + \gamma$



- **two photons** with energy 511 keV
- ightharpoonup Parent/daughter nuclide energy difference $\gtrsim 1\,\mathrm{MeV}$

Electron capture

Proton absorbs inner electron

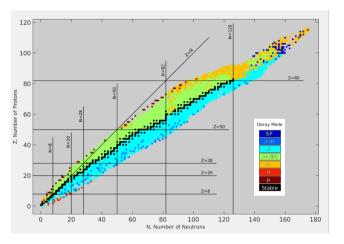
$$\begin{aligned} p + e^{-} & \xrightarrow{EC} n + \nu_e \\ {}_{Z}^{A}X + e^{-} & \xrightarrow{EC} {}_{Z-1}^{A}Y + \nu_e \end{aligned}$$

Example:

$$\begin{array}{ccc}
51 \\
24 \\
\text{Cr}
\end{array}$$
 $+e^{-} \xrightarrow{\text{EC}} \begin{array}{c}
51 \\
23 \\
\text{Vanadium}
\end{array}$ $+\nu_{e}$

- ► Neutrino carries all energy (characteristic spectrum)
- Can occurr for smaller energy differences
- ightharpoonup Excited state nucleus $\longrightarrow \gamma$ rays

Decay mode chart



black: stable, light blue: β , green: β^+ or electron capture, orange: α , dark blue: fission, red: neutron emission, brown: proton emission

Nuclear imaging methods

SPECT

- $ightharpoonup \gamma$ camera (2D)
- single photon emission computed tomography (3D)
- $ightharpoonup \gamma$ photon emitters

▶ PET

- positron emission tomography (3D)
- positron emitters

Ideal radionuclides for SPECT imaging

- Physical half-life long enough to allow preparation
- Physical half-life short enough to minimize long-term effects
- ightharpoonup Pure γ emitter (isomeric transition, electron capture)
- Photon energy high-enough to penetrate tissue
- ▶ Photon energy low-enough for efficient shielding and detection

Single photon emitters

for SPECT nuclear imaging

Nuclide		Half-life	E_{photon} [keV]	
Technetium	⁹⁹ ™Tc	6 h	140	most used
lodine	¹²³ 1	13 h	159	thyroid imaging
Indium	$^{111}_{53}$ In	$2.8\mathrm{d}$	171, 245	good, expensive
Thallium	²⁰¹ TI	3 d	$70\sim80$	cardiac perfussion
Gallium	$_{31}^{67}$ Ga	3.25 d	$90\sim400$	tumor localization
lodine	¹³¹ ₅₃	$8.1\mathrm{d}$	$364\sim606$	radiotherapy

Positron emitters

for PET nuclear imaging

Nuclide		Half-life	
Rubidium	⁸² ₃₇ Rb	1.3 min	cardiac imaging
Oxygen	¹⁵ O	2 min	
Nitrogen	$_{7}^{13}N$	10 min	
Carbon	11 ₆ C	20.3 min	
Gallium	$^{68}_{31}$ Ga	68 min	tumor localization
Fluorine	¹⁸ F	110 min	most often used, FDG
Copper	⁶⁴ Cu	12.7 h	oncology, radiotherapy

Mostly short half-time — need to be produced in-situ.

Activity

- ▶ Activity A[Bq], 1Bq = 1 desintegration/s,
- ▶ Older unit $1 \, \text{Ci} = 3.7 \cdot 10^{10} \, \text{Bq} 1 \, \text{g}$ of radium

Activity

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- \blacktriangleright For N nuclei and a decay constant λ

$$A = \lambda N = -\frac{\mathrm{d}N}{\mathrm{d}t}$$

Exponential decay

► Exponential decay of *N*

$$N = N_0 \mathrm{e}^{-\lambda t}$$

Exponential decay

► Exponential decay of *N*

$$N = N_0 e^{-\lambda t}$$

Half-life

$$egin{align} T_{1/2} &= \log 2/\lambda pprox 0.693/\lambda \text{ [s]} \ N &= N_0 \left(rac{1}{2}
ight)^{rac{t}{T_{1/2}}} \ \end{aligned}$$

Exponential decay

Exponential decay of N

$$N = N_0 e^{-\lambda t}$$

► Half-life

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ight)^{rac{t}{T_{1/2}}} \end{aligned}$$

Exponential decay of A

$$A = A_0 e^{-\lambda t}$$
, with $A_0 = \lambda N_0$, $A = \lambda N$

Effective half-life

- \triangleright Physical half-life T_p
- ► Biological half-life T_b
- ► Effective half-life T_e

$$\frac{1}{T_e} = \frac{1}{T_p} + \frac{1}{T_b}$$

Effective half-life

- \triangleright Physical half-life T_p
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$$\frac{1}{T_e} = \frac{1}{T_p} + \frac{1}{T_b}$$

Note: $T_e < T_p$, $T_e < T_b$

Effective Half-Life

E.g., for an isotope with a 6-hr half life attached to various carrier molecules with different biological half-lives.

T_{B}	T_{E}	
1 hr	0.86 h	
6 hr	3 hr	
60 hr	5.5 hr	
600 hr	5.9 hr	
	1 hr 6 hr 60 hr	

Effective Half-Life

Assume 106 Bq localized in a tumor site, vary T

Nuclide	Half-life (T)	λ (sec ⁻¹)	N
1	6 sec	0.115	8.7 x 10 ⁷
2	6 min	1.75 x 10 ⁻³	5.7 x 10 ⁹
3	6 hrs	3.2 x 10 ⁻⁵	3.1 x 10 ¹¹
4	6 days	1.3 x 10 ⁻⁶	7.7 x 10 ¹²
5	6 years	4 x 10 ⁻⁹	2.5 x 10 ¹⁵

Effective Half-Life

Assume 1010 atoms of radionuclide localized in a tumor site, vary T

Nuclide	Half-life (T)	λ (sec-1)	Activity (Bq)
1	6 sec	0.115	1.15 x 10 ⁹
2	6 min	1.75 x 10 ⁻³	1.7 x 10 ⁷
3	6 hrs	3.2 x 10 ⁻⁵	3.2 x 10 ⁶
4	6 days	1.3 x 10 ⁻⁶	1.3 x 10 ⁴
5	6 years	4 x 10 ⁻⁹	40

Principles of nuclear imaging

Radioactivity

Radioactive decay

Radionuclide production

Cyklotron

Radiopharmaceuticals

Gamma camera

SPECT

PET

Conclusions

Radionuclide production

- Neutron capture
- Nuclear fission
- Radionuclide generator
- ► (Poisitive) ion bombardment
 - ► Linear accelerator
 - Cyclotron

Neutron capture

Neutron activation/neutron bombardment

- lacktriangle Nuclear reactor, "thermal" neutrons, low energy $0.03\sim100\,\mathrm{eV}$
- ▶ Yield depends on neutron flow ϕ , cross section σ , decay constant λ , amount of carrier (source) material
- Chemical/physical purification

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$$n + {}^{98}_{42}Mo \longrightarrow {}^{99}_{42}Mo + \gamma$$

with proton emission

$$n + {}^{32}_{16}S \longrightarrow {}^{32}_{15}P + p$$
 half-life 14 days

Radionuclides produced by neutron capture

Radionuclides produced by neutron absorption.

Radionuclide	Production Reaction	Gamma-Ray Energy (keV)	Half-Life	σ (Barn)
⁵¹ Cr	⁵⁰ Cr(n, γ) ⁵¹ Cr	320	27.7 days	15.8
⁵⁹ Fe	58 Fe(n, γ) 59 Fe	1099	44.5 days	1.28
⁹⁹ Mo	98 Mo(n, γ) 99 Mo	740	66.02 h	0.13
¹³¹ I	$^{130}\text{Te}(n, \gamma)$ $^{131}\text{Te} \rightarrow ^{131}\text{I}$	364	8.04 days	0.29

Source: From Mughabghab et al., 1981.

Mostly used for radiotherapy (except \$\frac{99}{42}\$Mo)

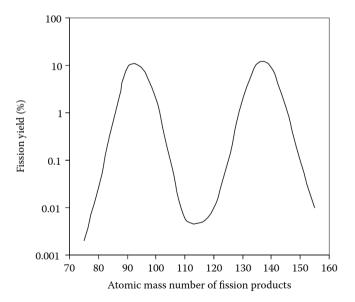
Nuclear fission

- ► Heavy nuclei (A > 92) $^{235}_{92}$ U, $^{237}_{92}$ U, $^{239}_{94}$ Pu, $^{232}_{90}$ Th irradiated by neutrons unstable
- ► Fission example

$$^{235}_{92}$$
U + $^{1}_{0}$ n $\longrightarrow ^{99}_{42}$ Mo + $\overset{133}{\underbrace{50}}$ Sn + $^{1}_{0}$ n

Chemical/physical purification

Fission product yield for $^{235}_{92}\mathrm{U}$



Radionuclides produced by nuclear fission

Isotope	Gamma-Ray Energy (keV)	Half-Life	Fission Yield (%)
⁹⁹ Mo	740	66.02 h	6.1
$^{131}\mathrm{I}$	364	8.05 days	2.9
¹³³ Xe	81	5.27 days	6.5
¹³⁷ Cs	662	30 a	5.9

Source: From BRH, 1970.

Radionuclide generator

- ► Long half-time parent isotope
- ▶ Short half-time daughter isotope, $\lambda_2 > \lambda_1$

Radionuclide generator

- Long half-time parent isotope
- ▶ Short half-time daughter isotope, $\lambda_2 > \lambda_1$
- ▶ Daughter activity (for $A_{20} = 0$)

$$A_2 = \frac{\lambda_2}{\lambda_2 - \lambda_1} A_{10} \left(e^{-\lambda_1 t} - e^{-\lambda_2 t} \right)$$

Radionuclide generator

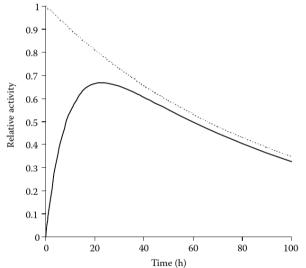
- Long half-time parent isotope
- ▶ Short half-time daughter isotope, $\lambda_2 > \lambda_1$
- ▶ Daughter activity (for $A_{20} = 0$)

$$A_2 = \frac{\lambda_2}{\lambda_2 - \lambda_1} A_{10} \left(e^{-\lambda_1 t} - e^{-\lambda_2 t} \right)$$

• After $\sim 10 T_{1/2}^{(2)}$, transient equilibrium

$$A_1 = A_{10}e^{-\lambda_1 t}, \qquad A_2 = A_1 \frac{\lambda_1}{\lambda_2 - \lambda_1}$$

Transient equilibrium

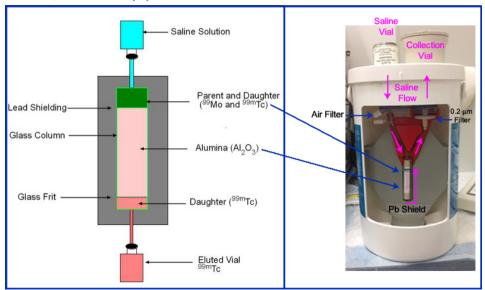


 $^{99}_{42} \mathrm{Mo}/^{99m}_{43} \mathrm{Tc}$ generator, $A_1,~A_2$

Technetium generator

- 99/42 Mo produced by fission or neutron bombardment, half-life 67 h
- Adsorbed to alumina Al₂O₃
- $ightharpoonup {99 \over 42} Mo \stackrel{\beta}{\longrightarrow} {99 \over 43} Tc$ (and 15% to ${99 \over 43} Tc$),
- ► ^{99m}₄₃Tc half-life 6 h
- ▶ ⁹⁹₄₃ Tc is eluted by physiological saline solution
- ightharpoonup 99mTc can by chemically manipulated
- ▶ When unused, the ratio $^{99}_{43}$ Tc/ $^{99m}_{43}$ Tc increases

Technetium generator (2)



Radionuclides produced by generators

Parent P	Parent Half-Life	$\begin{array}{c} \textbf{Mode of} \\ \textbf{Decay} \\ \textbf{P} \rightarrow \textbf{D} \end{array}$	Daughter D	Mode of Decay of D	Daughter Half-Life	Daughter γ Energy (keV)
⁶² Zn	9.1 h	β^+	⁶² Cu	β+	9.8 min	511
		EC		EC		1173
⁶⁸ Ge	280 days	EC	⁶⁸ Ga	β+	68 min	511
				EC		1080
81 Rb	4.7 h	EC	$^{81}\mathrm{Kr^m}$	IT	13 s	190
82 Sr	25 days	EC	82 Rb	EC	76 s	777
				β+		511
⁹⁹ Mo	66.02 h	β^-	⁹⁹ Tc ^m	IT	6.02 h	140
¹¹³ Sn	115.1 days	EC	$^{113}In^{m}$	IT	1.66 h	392
¹⁹⁵ Hg ^m	40 h	IT	$^{195}Au^{m}$	IT	$30.6\mathrm{s}$	262
		EC				

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Proton/ion bombardment

- ► Charged particles: mostly $p = {}^{1}_{1}H^{+}$, also ${}^{2}_{1}D^{+}$, ${}^{3}_{2}He^{2+}$, ${}^{4}_{2}He^{2+}$
- ightharpoonup Accelerated to high energies by a linear accelerator or cyclotron (typical $E_{p}\sim18\,\text{MeV})$
- hit target, get absorbed in the nucleus, knock out a neutron
- Typical reactions

$${}^{11}_5\text{B} + p \longrightarrow {}^{11}_6\text{C} + n$$

$${}^{68}_{30}\text{Zn} + p \longrightarrow {}^{67}_{31}\text{Ga} + 2n$$

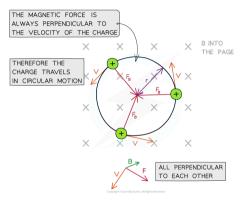
$${}^{18}_8\text{O} + p \longrightarrow {}^{18}_9\text{F} + n$$

▶ neutron deficit $\longrightarrow \beta^+$ emitters (or EC), mostly short-lived

Radionuclides produced by ion bombardment

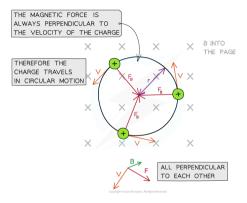
Radionuclide	Principal Gamma-Ray Energy (keV)	Half-Life	Production Reaction
¹¹ C	511 (β+)	20.4 min	$^{14}N(p, \alpha)^{11}C$
^{13}N	511 (β ⁺)	9.96 min	13 C(p, n) 13 N
¹⁵ O	511 (β ⁺)	2.07 min	¹⁵ N(p, n) ¹⁵ O
$^{18}\mathrm{F}$	511 (β ⁺)	109.7 min	¹⁸ O(p, n) ¹⁸ F
⁶⁷ Ga	93, 184, 300	78.3 h	⁶⁸ Zn(p, 2n) ⁶⁷ Ga
¹¹¹ In	171, 245	67.9 h	¹¹² Cd(p, 2n) ¹¹¹ In
$^{120}\mathrm{I}$	511 (β ⁺)	81 min	$^{127}\text{I}(p, 8n)^{120}\text{Xe} \rightarrow ^{120}\text{I}$
^{123}I	159	13.2h	$^{124}\text{Te}(p, 2n)^{123}\text{I}$ $^{127}\text{I}(p, 5n)^{123}\text{Xe} \rightarrow ^{123}\text{I}$
$^{124}\mathrm{I}$	511 (β ⁺)	4.2 days	¹²⁴ Te(p, n) ¹²⁴ I
²⁰¹ Tl	68–80.3	73 h	$^{203}\text{Tl}(p, 3n)^{201}\text{Pb} \rightarrow ^{201}\text{Tl}$

Cyclotron principle



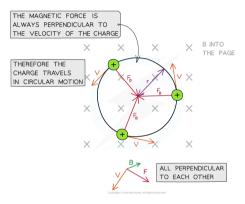
▶ Magnetic (Lorentz) force $\mathbf{F} = \mathbf{I} \times \mathbf{B} = q\mathbf{v} \times \mathbf{B}$, perpendicular to \mathbf{v} and $\mathbf{B} \longrightarrow$ circular motion

Cyclotron principle



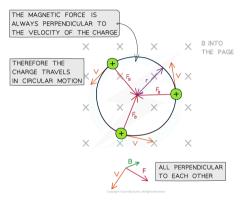
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- ► Centripetal=centrifugal force $F = mv^2/r$

Cyclotron principle



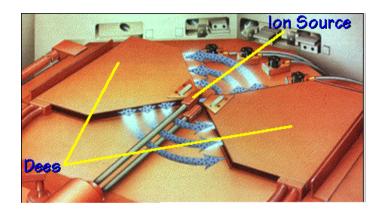
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- $ightharpoonup r = \frac{mv}{Ba}$, since $v \sim r \longrightarrow$ constant f

Cyclotron principle



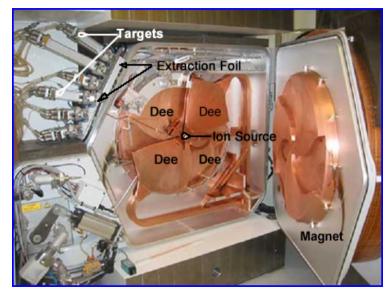
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- ► Centripetal=centrifugal force $F = mv^2/r$
- $ightharpoonup r = \frac{mv}{Ra}$, since $v \sim r \longrightarrow$ constant f
- ▶ Neglecting relativistic mass increase, electrode shape

Cyclotron

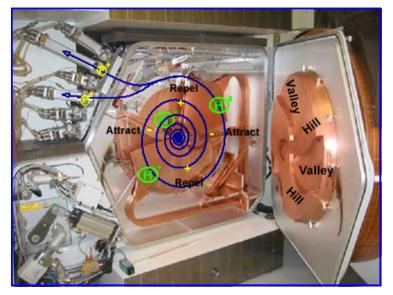


- Vacuum
- ▶ Ion source (batch), mostly H[−]
- ► Hollow 'D' electrodes, high frequency AC voltage (MHz)
- ► Magnetic field (oriented vertically)

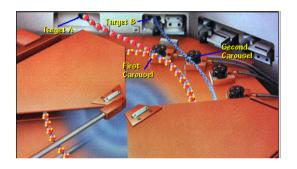
Real cyclotron



Real cyclotron

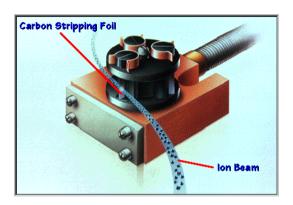


Carousel



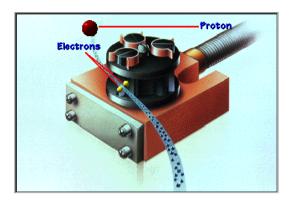
- ightharpoonup after \sim 100s of cycles
- ▶ H[−] ion hits a thin carbon foil
- $lackbox{}\longrightarrow$ looses electrons, converted p $=\mathrm{H}^+$
- ▶ → opposite curvature
- ▶ Only part of the beam is deviated
- ▶ Foil lasts ~ 100 hours

Carousel



- ightharpoonup after \sim 100s of cycles
- ▶ H⁻ ion hits a thin carbon foil
- ightharpoonup looses electrons, converted $p = H^+$
- ► → opposite curvature
- Only part of the beam is deviated
- Foil lasts ~ 100 hours

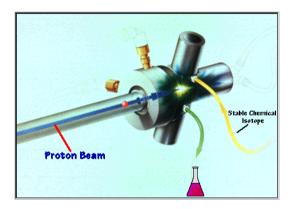
Carousel



- ightharpoonup after ~ 100 s of cycles
- ▶ H⁻ ion hits a thin carbon foil
- ightharpoonup looses electrons, converted $p = H^+$
- ▶ → opposite curvature
- ▶ Only part of the beam is deviated
- ▶ Foil lasts ~ 100 hours

Target chamber

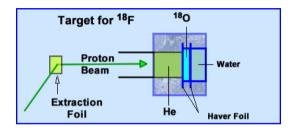
Reakční komora



- ► Filled with a stable isotope
- ► Radioactive isotope is created
- ► Shielded, small, easy to change

Target chamber

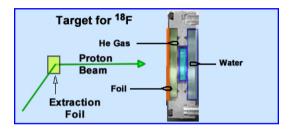
Reakční komora



- ▶ $^{18}_{8}$ O rare (0.2%), enrichment needed (distillation, very small ΔT_{boil})
- Cooling needed (by water)
- ► Thin cobalt alloy foils (havar)
- ► Every few hours, ¹⁸₉F can be extracted

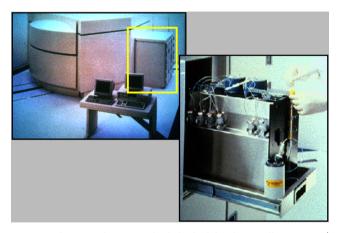
Target chamber

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- Cooling needed (by water)
- ► Thin cobalt alloy foils (havar)
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Biosynthesizer



- ▶ Radiopharmaceutical radioactively labeled biologically active/compatible chemical compound.
- Quantitative & qualitative imaging of physiological processes.

Principles of nuclear imaging

Radioactivity

Radioactive decay Radionuclide production Cyklotron

Radiopharmaceuticals

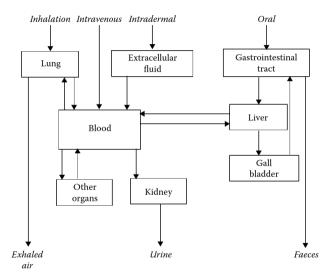
Gamma camera

SPECT

PET

Conclusions

Administration, distribution and excretion



Must traverse membranes to get to the targete organ.

Administration of radiopharmaceuticals

- Mostly physiological (saline) solution
- ► Blood-brain barrier
 - Intravenously administered contrast agent does not get to the brain
 - Contrast agent administered to the cerebro-spinal fluid only gets to the brain and spine.

Administration of radiopharmaceuticals

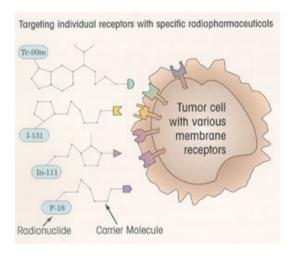
- ► Mostly physiological (saline) solution
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- ▶ Other metabolic barriers (blood-ocular, blood-air, ...)

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- ► Mostly physiological (saline) solution
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- Other metabolic barriers (blood-ocular, blood-air, ...)
- Imaging afinity and metabolism speed

Radiopharmaceutical construction

Radionuclide + carrier molecule (+ probe)



Radionuclide	Pharmaceutical	Indication/Use	Typical Administered Activity (MBq)	
⁶⁷ Ga	Citrate	Tumour imaging, infection/ inflammation imaging	150°	
${ m ^{81}Kr^m}$	Krypton gas	Lung ventilation imaging	6000 ^a	
⁹⁹ Tc ^m	Albumin	Cardiac blood-pool imaging, peripheral vascular imaging	800 ^a	
⁹⁹ Tc ^m	Colloids, including tin colloid and sulphur colloid	Oesophageal transit and reflux Liver imaging Bone marrow imaging, GI bleeding	40 ^a 80 ^a , 200 (SPECT) ^a 400 ^a	
99Tcm	DTPA	Lung ventilation imaging (aerosol)	80a	
		Renal imaging/renography	300 ^a	
		Brain imaging (static)	500a, 800 (SPECT)a	
		First-pass blood-flow studies	800 ^a	
⁹⁹ Tc ^m	DMSA	Renal imaging (DMSA(III)) Tumour imaging (DMSA(V))	80a 400a	
99Tcm	ECD	Brain imaging	500 ^a	
99Tcm	Erythrocytes (normal)	GI bleeding	400a	
		Cardiac blood-pool imaging or peripheral vascular imaging	800 ^a	
⁹⁹ Tc ^m	Erythrocytes (heat denatured)	Spleen imaging	100 ^a	
99Tcm	Exametazime	Cerebral blood-flow imaging (SPECT)	500 ^a	
99Tcm	Iminodiacetates (IDAs)	Functional biliary system imaging	150a	
99Tcm	Leucocytes	Infection/inflammation imaging	200ª	

Radionuclide		Pharmaceutical	Indication/Use	Administered Activity (MBq)
	99Tcm	Macroaggregated albumin	Lung perfusion imaging	100a, 200 (SPECT)a
	⁹⁹ Tc ^m	MAG3	Renal imaging/renography First-pass blood-flow imaging	100°a 200°a
	99Tcm	Nanocolloids	Lacrimal drainage Sentinel node or lymph node imaging	4° 20°
	⁹⁹ Tc ^m	Pertechnetate	Micturating cystogram Thyroid uptake	25 ^a 40 ^a
			Thyroid imaging, salivary gland imaging	80 ^a
			Ectopic gastric mucosa imaging (Meckel's)	400^{a}
			First-pass blood-flow imaging	800a
	99Tcm	Phosphonate and phosphate compounds	Bone imaging	600a, 800 (SPECT)a
⁹⁹ Tc ^m		Sestamibi	Myocardial imaging Tumour imaging, breast imaging	300°, 400 (SPECT)° 900°
99Tcm		Sulesomab	Infection/inflammation imaging	750a
99Tcm		Technegas	Lung ventilation imaging	40^{a}
⁹⁹ Tc ^m		Tetrofosmin	Myocardial imaging Parathyroid imaging	300a, 400 (SPECT)a 900a
¹¹¹ In		Capromab Pendetide	Biopsy-proven prostate carcinoma imaging	185 ^b
¹¹¹ In		DTPA	GI transit Cisternography	10^{a} 30^{a}

Typical

Radionuclide	Pharmaceutical	Indication/Use	Typical Administered Activity (MBq)	
111 I n	Leucocytes	Infection/inflammation imaging	20 ^a	
¹¹¹ In	Pentetreotide	Somatostatin receptor imaging	110a, 220 (SPECT)a	
¹¹¹ In	Platelets	Thrombus imaging	20^{a}	
$^{123}\mathrm{I}$	Iodide	Thyroid uptake	2ª	
		Thyroid imaging	20^{a}	
		Thyroid metastases imaging	400a	
123 I	Ioflupane	Striatal dopamine transporter visualisation	185 ^a	
$^{123}\mathrm{I}$	mIBG	Neuroectodermal tumour imaging	400a	
^{131}I	mIBG	Neuroectodermal tumour imaging	20^{a}	
$^{131}\mathbf{I}$	Iodide	Thyroid uptake	0.2a	
		Thyroid metastases imaging	400^{a}	
¹³³ Xe	Xenon gas	Lung ventilation studies	400a	
^{201}Tl	Thallous chloride	Myocardial imaging	80-120a	
		Parathyroid imaging	80a	
		Tumour imaging	150 ^a	

Radionuclide	Pharmaceutical	Indication/Use	Typical Administered Activity (MBq)
111 I n	Leucocytes	Infection/inflammation imaging	20ª
$^{111}\mathrm{In}$	Pentetreotide	Somatostatin receptor imaging	110a, 220 (SPECT)a
¹¹¹ In	Platelets	Thrombus imaging	20 ^a
123 I	Iodide	Thyroid uptake	2ª
		Thyroid imaging	20 ^a
		Thyroid metastases imaging	400^{a}
123 I	Ioflupane	Striatal dopamine transporter visualisation	185 ^a
123 I	mIBG	Neuroectodermal tumour imaging	400^{a}
$^{131}\mathbf{I}$	mIBG	Neuroectodermal tumour imaging	20a
131 I	Iodide	Thyroid uptake	0.2a
		Thyroid metastases imaging	400a
¹³³ Xe	Xenon gas	Lung ventilation studies	400 ^a
^{201}Tl	Thallous chloride	Myocardial imaging	80-120 ^a
		Parathyroid imaging	80a
		Tumour imaging	150 ^a

and others: selenium ⁷⁵Se...

Pharmaceuticals for PET imaging

Oxygen ¹⁵O

- ► Half-life ¹⁵O is 2.5 min.
- **▶ Carbon dioxide (**CO₂**)** brain blood flow
- **Oxygen** (O_2) oxygen consumption in myocardium, tumors
- ▶ Water (H₂O) myocardium perfusion
 - + not influenced by metabolism
 - background ¹⁵O activity in lungs and blood vessels

Nitrogen ¹³N

- ► Half-life ¹³N is 10 min.
- ▶ Ammonia (NH₃) myocardium perfusion, blood flow
 - metabolized in v tissue

Carbon ¹¹C

- ► Half-life ¹¹C is 20.4 min.
- ▶ Acetic acid (CH₃COOH) myocardium perfusion, tumor metabolism
- Cocain, carfentanil,... brain opiod receptor mechanisms
- ▶ **Deprenyl** monoamine oxidase inhibitor, to study Parkinson disease
- ▶ Leucin, methionine... amino acid tracer, brain tumor detection
- ...

Fluorine ¹⁸F

- ► Half-time ¹⁸F is 109 min.
- ► Haloperidol neuroreceptor ligand, drug effects
- ▶ Sodium fluoride $Na^{18}F^-$ skeletal imaging, osseous blood-flow, metastases. Better signal than $^{99m}{\rm Tc}$
- ▶ Fluorodopa... metabolised to dopamine, neurotransmiter studies
- Flourouracil... drug, nucleic acid tracer, chemotherapy dosage
- ► Fluorodeoxyglucose (FDG) glucose metabolism; neurology, cardiology, oncology. Penetrates blood-brain barier

Delivery Strategies: Metabolic pathways

FDG 2-fluoro-2-deoxy-glucose

B-D-glucose

FDG usage

- ► Brain function mapping
- ightharpoonup glucose provides energy to the brain (for adults $\sim 100\,\mathrm{g/den})$

FDG usage

- ► Brain function mapping
- ightharpoonup glucose provides energy to the brain (for adults $\sim 100\,\mathrm{g/den})$
- Tumor mapping
- ...tumors have no metabolic barier

FDG in Oncology

- FDG transport into tumors occurs at a higher rate than in the surrounding normal tissues.
- FDG is de-phosphorylated and can then leave the cell.
- The dephosphorylation occurs at a *slower* rate in tumors.

Applications of FDG

- Locating unknown primaries
- •Differentiation of tumor from normal tissue
- •Pre-operative staging of disease (lung, breast, colorectal, melanoma, H&N, pancreas)
- •Recurrence vs necrosis
- •Recurrence vs post-operative changes (limitations with FDG)
- ·Monitoring response to therapy

Rubidium ⁸²Rb

- ► Half-life ⁸²Rb is 1.25 min.
- + Produced by a generator from Sr, (no cyclotron needed)
- Long positron free path \longrightarrow low spatial spatial resolution.
- + Short half-life → good temporal resolution
- Short half-life \longrightarrow weak signal
- Myocard perfusion
- ► Blood-brain barrier study

Principles of nuclear imaging

Radioactivity

Gamma camera

SPECT

PET

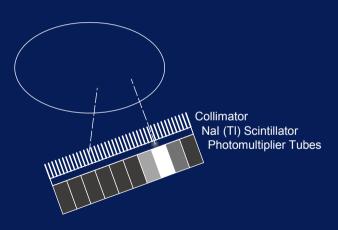
Conclusions

Gamma camera

Scintigraphy



Single Photon Detection with Gamma Camera



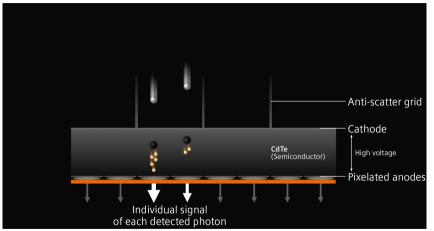
Scintillator materials

Scintillator	Density (g cm ⁻³)	Effective Z	Relative light yield	Decay constant (ns)	Wavelength of emission (nm)
Sodium Iodide (NaI)	3.67	50	100	230	410
Bismuth Germanate (BGO)	7.13	74	12	300	480
Barium Fluoride (BaF ₂)	4.89	54	5 15	0.6 - 0.8 630	220 (195) 310

- ightharpoonup High Z advantageous
- ▶ BGO good for 511 keV
- ► For speed, use BaF₂ UV light produced

Photon Counting Detector (PCD)

Timepix/Medipix



- Signal propagation directed by electric field
- ► High quantum efficiency
- ► High spacial resolution

Principles of nuclear imaging

Radioactivity

Gamma camera

Artefacts

Clinical applications of gamma camera

SPECT

PET

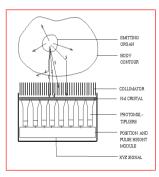
Conclusions



Artifacts: scattering

Scattering of photons in patient

- Because of limited energy resolution of the detector, primary and scattered photons which pass the collimator can not be classified properly. (In the ideal case, only primary photons are used to contribute to the image)
- Effects: haziness of images, quantization is degraded.





Artifacts: collimator blur

Collimator blur

- Because of the size of the holes, photons which are not entering the detector exactly perpendicular to the detector surface are also detected. This introduces uncertainty about the exact path the photon traveled.
- Effect: blurring which increases with larger holes. Trade off between sensitivity and resolution has to be found.



Artifacts: noise

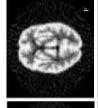
Noise due to limited number of detected photons

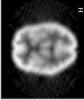
- Doses and scanning time are limited while the efficiency of the collimator is also limited.
- Effects: Noise in the images. Low pass digital filtering required. This results in reduced resolution. Tradeoffs between dose, scanning time and collimator hole size have to be made.



Phantom experiments

Ground truth phantom





Detector + attenuation

Detector + attenuation + scatter





Detector + attenuation + scatter + noise

Principles of nuclear imaging

Radioactivity

Gamma camera

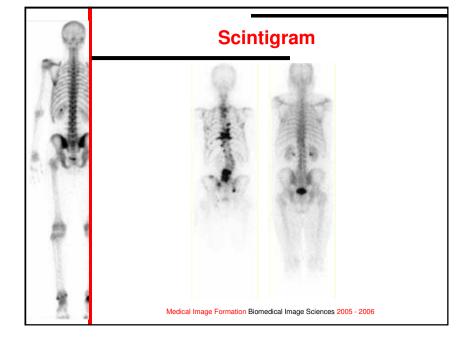
Artefacts

Clinical applications of gamma camera

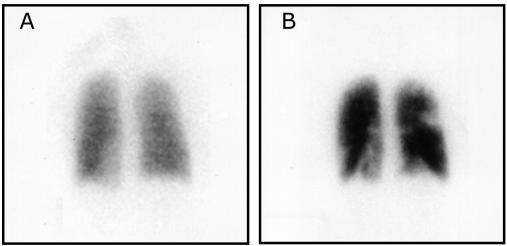
SPECT

PET

Conclusions



Lung scintigraphy



Most frequent use. Ventilation (Xe), perfusion (99m Tc). Pulmonary embolism (blocked artery)

Principles of nuclear imaging

Radioactivity

Gamma camera

SPECT

PET

Conclusions



SPECT

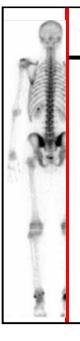
Single Photon Emission Computed Tomography (SPECT)

Image is acquired by rotating the $\gamma\text{-camera}$ around the patient and taking images at different angles



SPECT

- Patient is injected with a γ-emitting radio-pharmaceutical
- Preferred energy: 100-250 keV
- Use of collimaters
- Collimated camera projections are acquired from different equidistant angles (30-120 projections over 180-360 degrees)
- Images are reconstructed using Filtered Back Projection (FBP) or Iterative Reconstruction
- Resolution: 12-20 mm
- To increase count-rate often two or three γ-camera heads are used

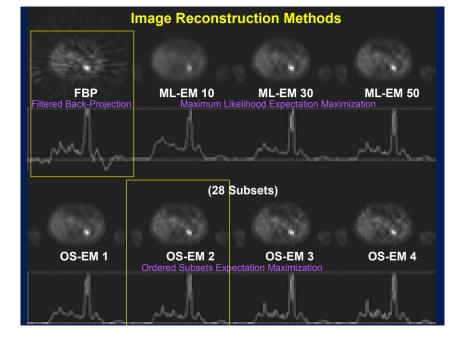


SPECT



SPECT, brain imaging





Principles of nuclear imaging

Radioactivity

Gamma camera

SPECT

Princip

Clinical applications of SPECT

PET

Conclusions

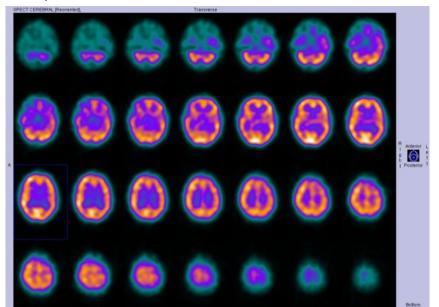


SPECT: Applications

Cardiac Imaging



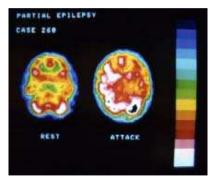
SPECT, Brain perfusion





SPECT: Applications

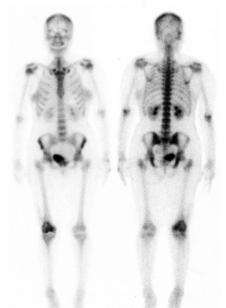
Epilepsy



SPECT, Whole-body imaging



SPECT, Whole-body imaging



Principles of nuclear imaging

Radioactivity

Gamma camera

SPECT

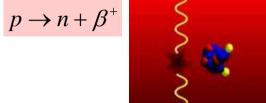
PET

Conclusions

Principle of PET A2 Positron and electron annihilation A₁ Positron emission in the brain and emission of gamma rays Gamma ray Site of positron annihilation Electron (imaged point) Gamma ray 0-9mm Unstable Positron photon resolution radionuclide limit From: Principles of Neural Science (4th. Ed.) Kandel, Schwartz, & Jessell, p. 377. Columbia fMRI



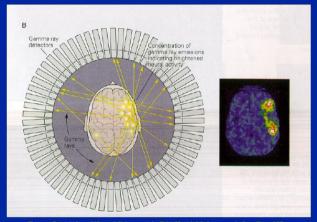
PET: annihilation



Annihilation Coincidence Detection

Isotope	Maximum
	Positron Range (mm)
F-18	2.6
C-11	3.8
Ga-68	9.0
Rb-82	16.5

Gamma Ray Detections to Location of Function



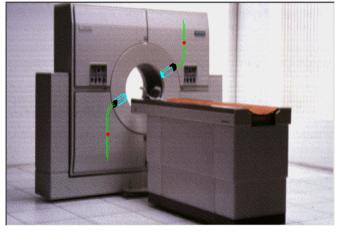
From: Principles of Neural Science (4th. Ed.) Kandel Schwartz, & Jessell, p. 377.

🚃 Columbia fMRI 🚃

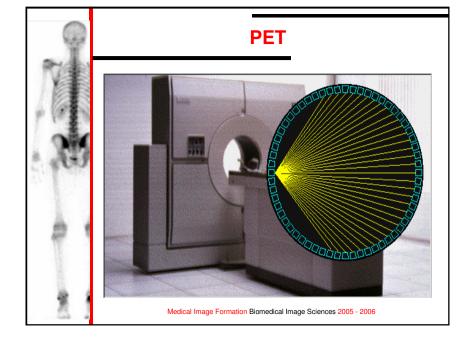


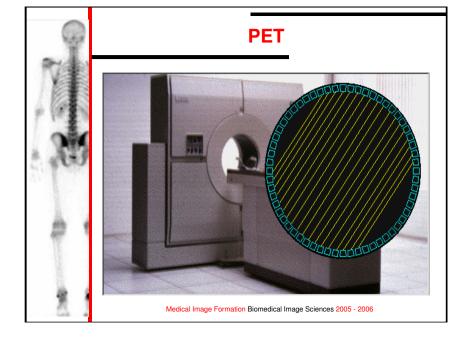


PET



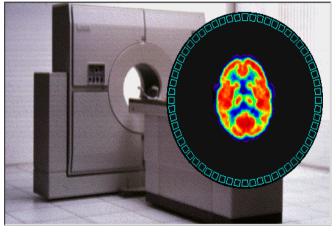
Medical Image Formation Biomedical Image Sciences 2005 - 2006







PET



Medical Image Formation Biomedical Image Sciences 2005 - 2006

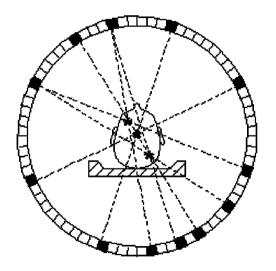
Coincidence Event

Electronic collimation

- ightharpoonup Associate detections within interval au (a few ns)
- ▶ Start timer and wait for the second detection → increment count
- ▶ List mode store detections with time stamps, postprocess
- ▶ No lead collimators → higher sensitivity wrt SPECT

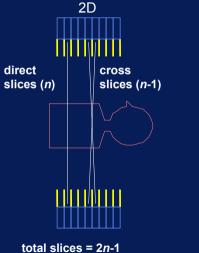
Time of Flight PET

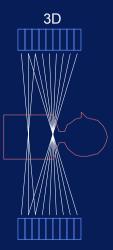
▶ Measure time interval between coincident photones



Multiple Rings, 2D - 3D

For *n* detector rings:





Principles of nuclear imaging

Radioactivity

Gamma camera

SPECT

PET

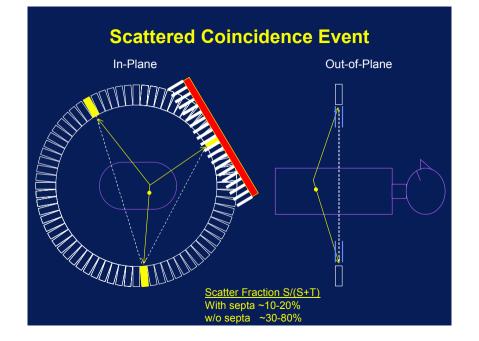
Principle

Artefacts and corrections

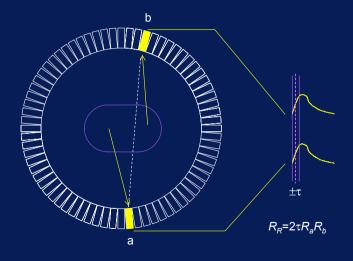
Clinical applications of PET

Kinetic studies

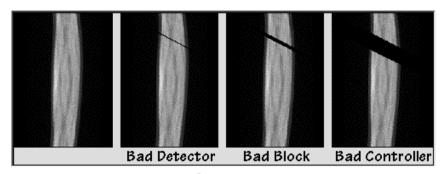
Conclusions



Random Coincidence Event

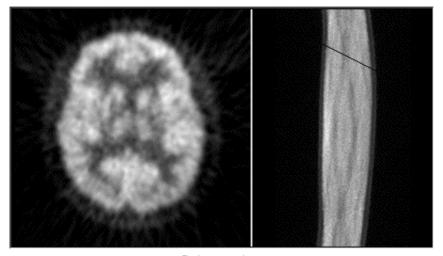


Detector failure



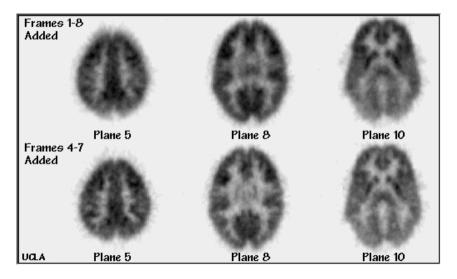
 ${\sf Sinogram}$

Detector failure

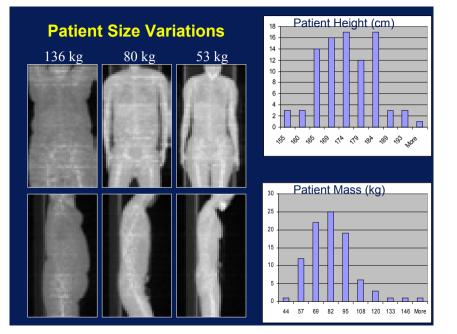


Rekonstrukce

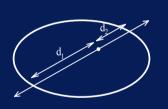
Patient motion



Lower row only uses images without motion.



Coincidence Attenuation

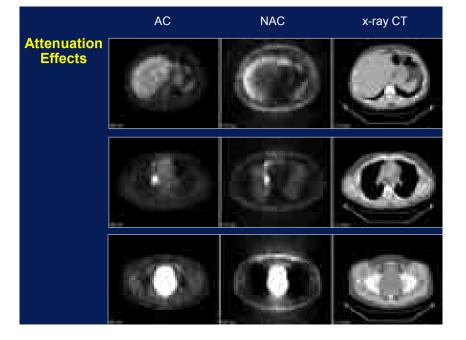


$$P_C = P_1 P_2$$

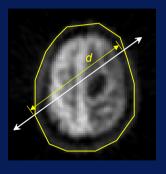
$$= e^{-\mu \cdot d_1} e^{-\mu \cdot d_2}$$

$$= e^{-\mu \cdot (d_1 + d_2)}$$

Annihilation radiation emitted along a particular line of response has the same attenuation probability, regardless of where it originated on the line.

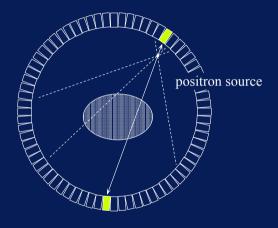


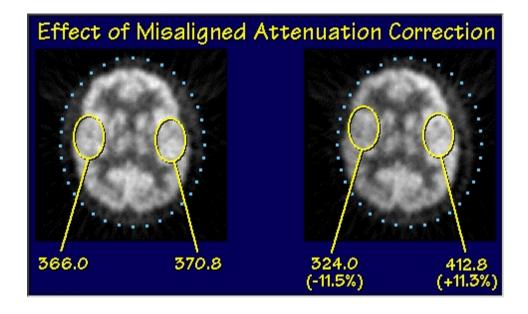
Calculated Attenuation Correction

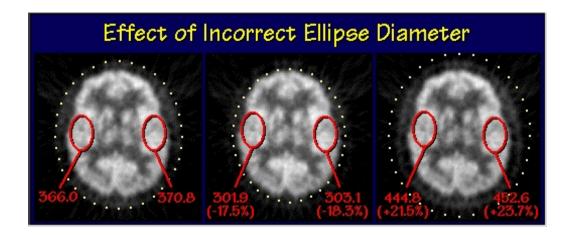


$$I = I_0 e^{-\mu d}$$

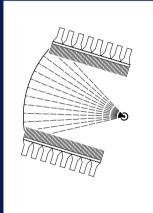
Transmission Attenuation Measurement





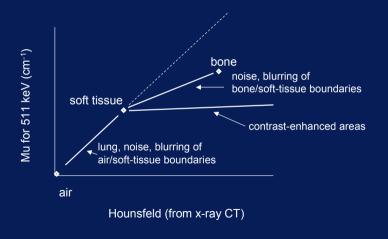


SPECT/CT





Converting Attenuation Map from Hounsfeld to 511 keV attenuation Coefficients



PET — parameters

- ▶ Effective resolution $8 \sim 10 \, \mathrm{mm}$
- ► Isotropic sampling 3 mm
- ► Transaxial FOV 60 cm, axial 10 cm. Increase axial FOV by increasing number of detectors (=higher cost), or shift the patient (=longer time, higher dose).
- ▶ $16 \sim 64$ detector planes

Principles of nuclear imaging

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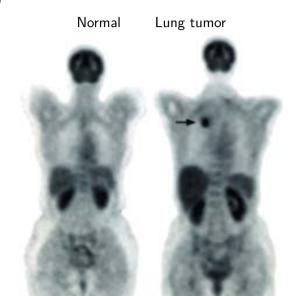
PET, whole body imaging

Tumor has faster metabolism \longrightarrow contrast agents accumulates there



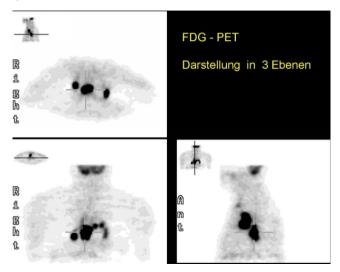
 $\mathsf{PET} + \mathsf{FDG}$

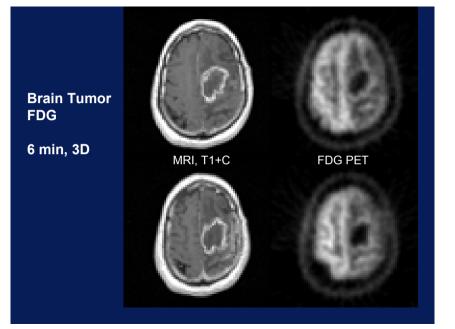
 $^{18}\mathrm{F}$ glucose (FDG)



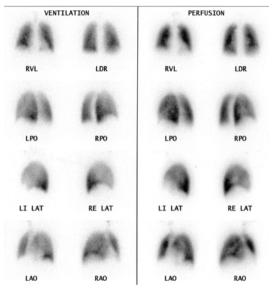
PET + FDG

 $^{18}\mathrm{F}$ glucose (FDG). Tumor detection.

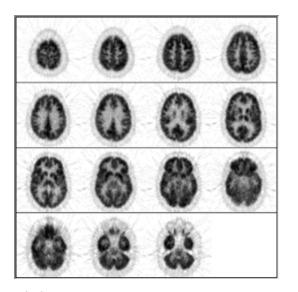




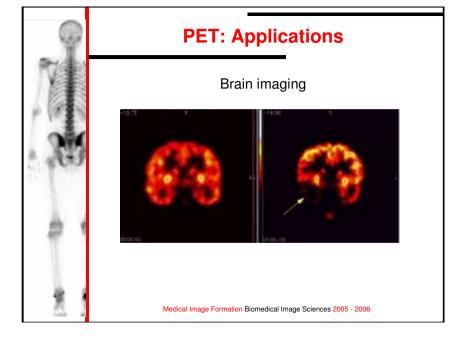
PET. Lung ventilation and perfusion



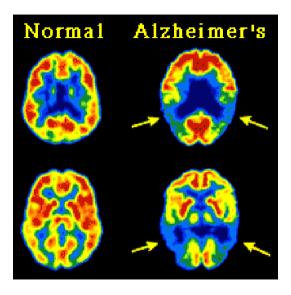
PET, head



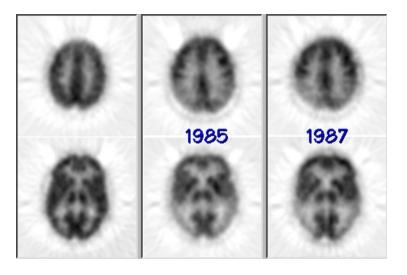
perfusion, glucose metabolism



PET, brain



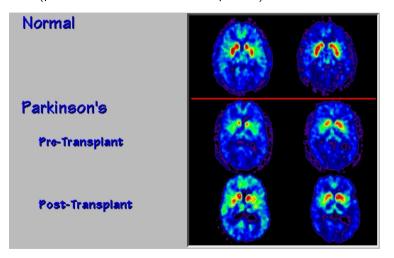
Alzheimer disease



Hypometabolismus.

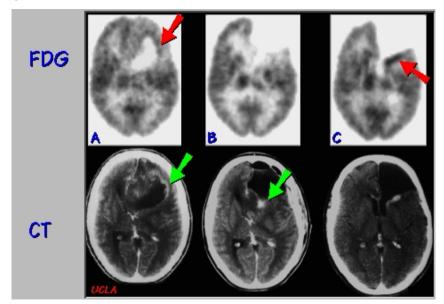
Parkinson disease

 $^{18}\text{F} - \text{DOPA PET}$ (precursor of neurotransmiter dopamine)



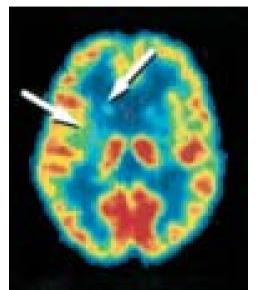
Transplantation of dopamin producing cells.

Brain tumor



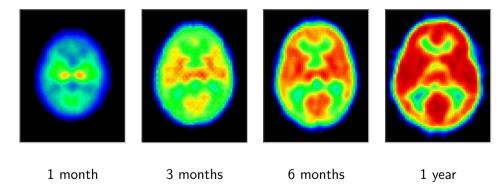
PET, Huntington disease

Reduced glucose metabolism



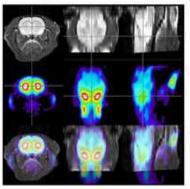
Brain development







Fusion of anatomical and functional data

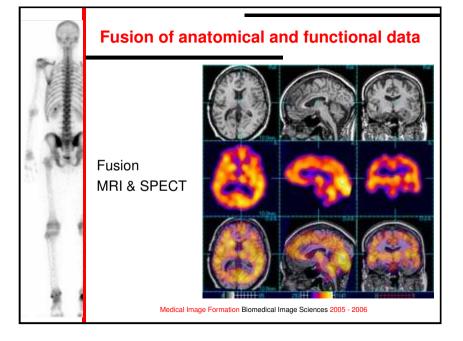


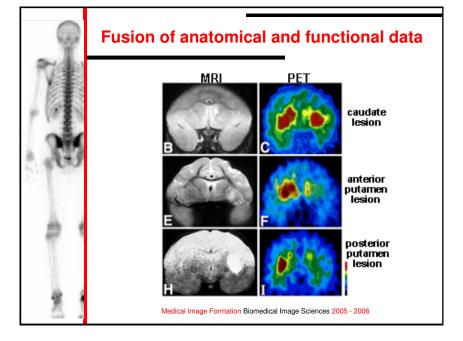
op: MR1 images of a rat brain (axial, multi-slice 256 sq x 16 acquisition, coronal/sagittal views are interpolated)

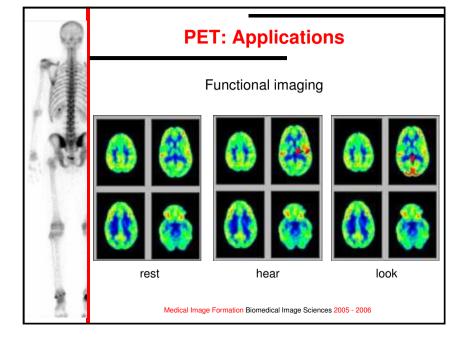
Center: 18p-labeled specific ligand for the dopamin-transport protein.
Compound accumulates in brain areas with a high level of dopamin containing neurons (striatum).

Bottom: Overlay in all three major directions.

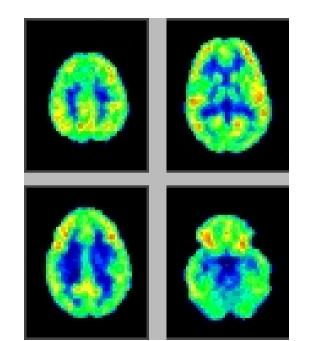
Medical Image Formation Biomedical Image Sciences 2005 - 2006



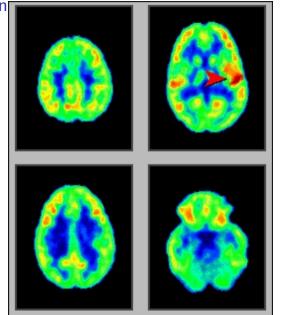




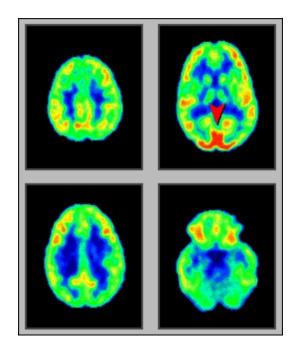
Brain at rest



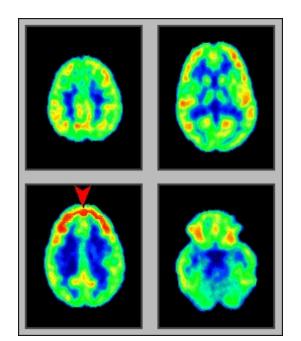
Acoustic stimulation



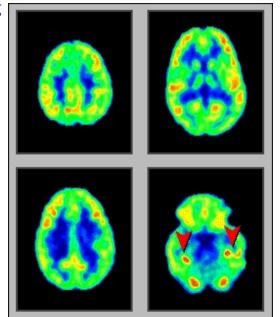
Visual stimulation



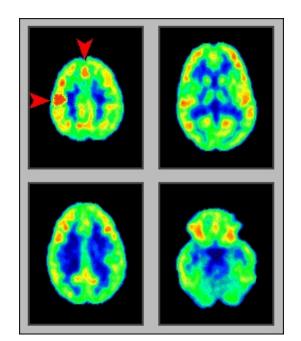
Cognitive activity

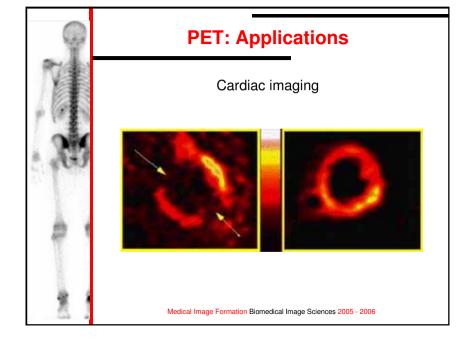


Memory and learning [



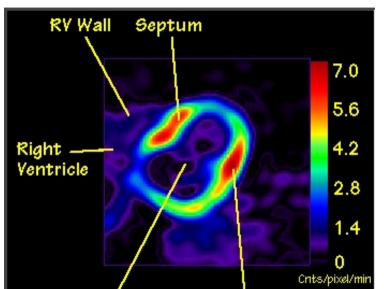
Movement





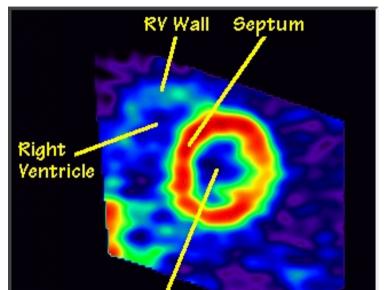
PET, heart

Contrast agent FDG

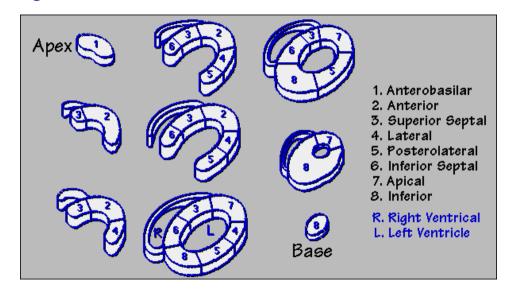


PET, heart

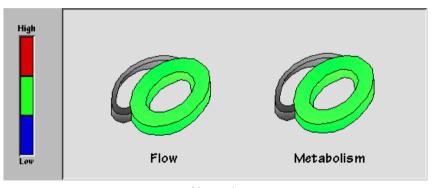
Contrast agent FDG



Heart segments

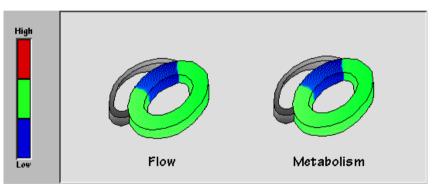


Flow (e.g. NH_3) Metabolism (e.g. FDG)



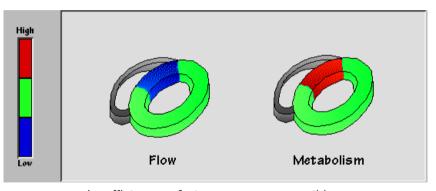
Normal

Flow (e.g. NH_3) Metabolism (e.g. FDG)



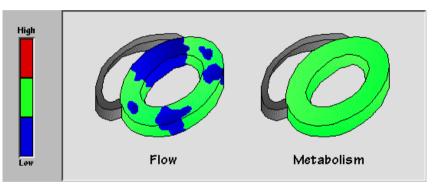
Not functional tissue, treatment not possible.

Flow (e.g. NH_3) Metabolism (e.g. FDG)



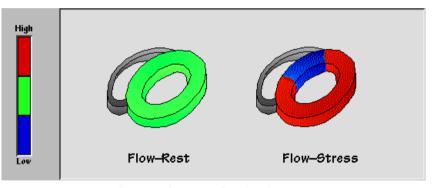
Insufficient perfusion, treatment possible.

Flow (e.g. NH_3) Metabolism (e.g. FDG)

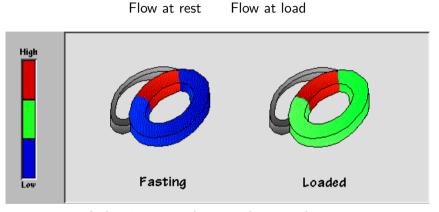


Bad perfusion (ischemic), enlarged myocardium. Treatment possible if the metabolism is normal or increased.

Flow (e.g. NH_3) Metabolism (e.g. FDG)

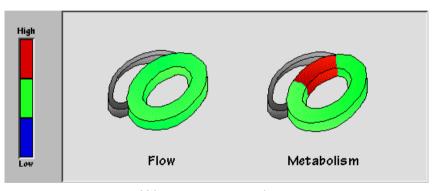


Bad perfussion after load test.



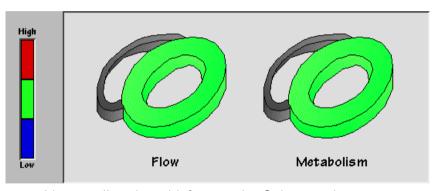
Ischemic myocardium needs more glucose.

Fasting After glucose is administerd



Hibernating myocardium.

Flow (e.g. NH_3) Metabolism (e.g. FDG)



Idiopatically enlarged left ventricle. Only transplantation.

Principles of nuclear imaging

Radioactivity

Gamma camera

SPECT

PET

Principle
Artefacts and corrections
Clinical applications of PE

Kinetic studies

Conclusions

Kinetic study

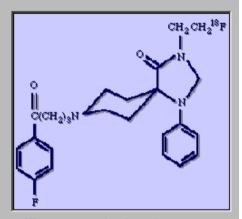
- ▶ Study the evolution of the radiotracer concentration in time
- ▶ Identify model parameters (time and transport constants)

Kinetic study

- ▶ Study the evolution of the radiotracer concentration in time
- Identify model parameters (time and transport constants)
- ► → Reproducibility

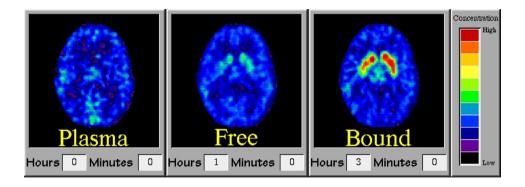
Brain



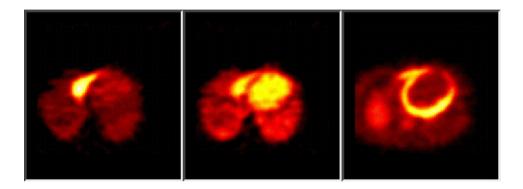


Fluoroethylspiperone

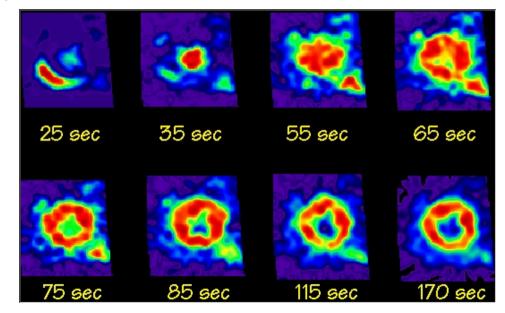
Brain



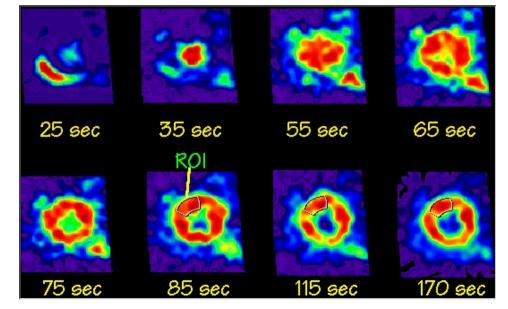
Heart

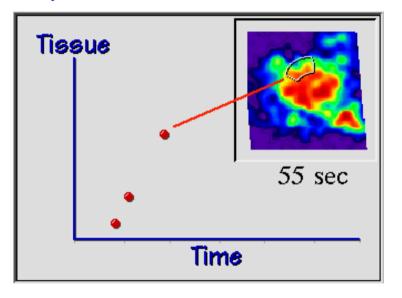


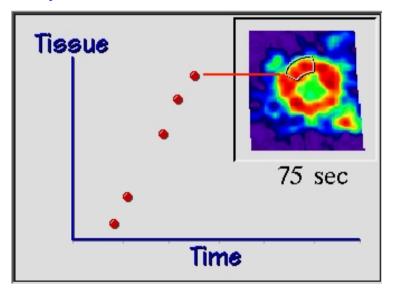
Heart

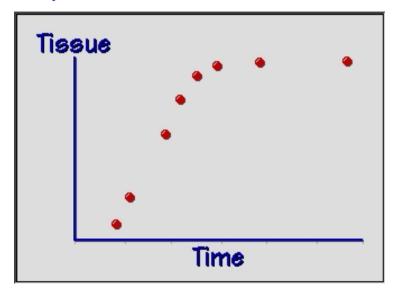


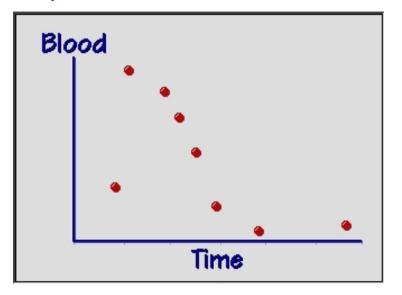
146 / 154



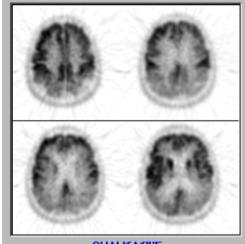








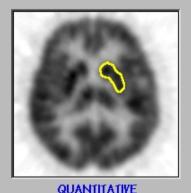
Qualitative \times quantitative analysis



QUALITATIVE

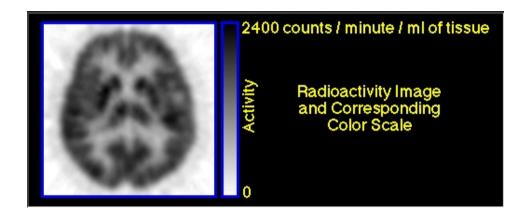
"This pattern is characteristic
of Alzheimer's Disease."

Approaches to Image Analysis

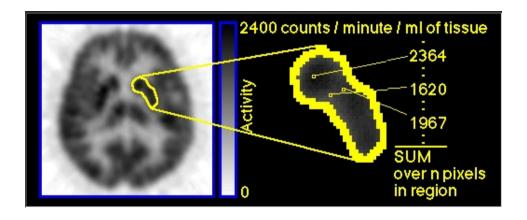


"Metabolic rate for glucose in this region is 8.37 mg/min/100g tissue"

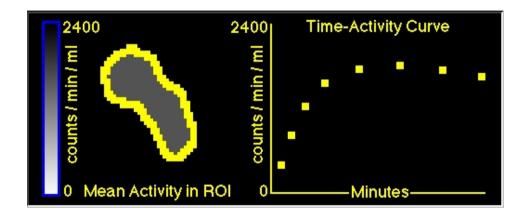
Normalized radioactivity image



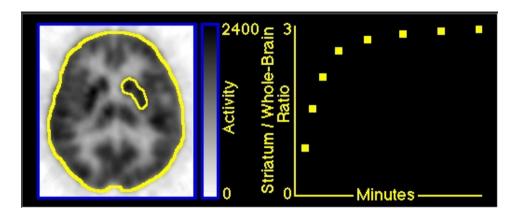
Mean ROI value



Time-activity ROI curve

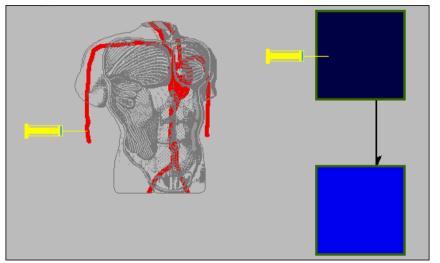


Normalized time-activity ROI curve



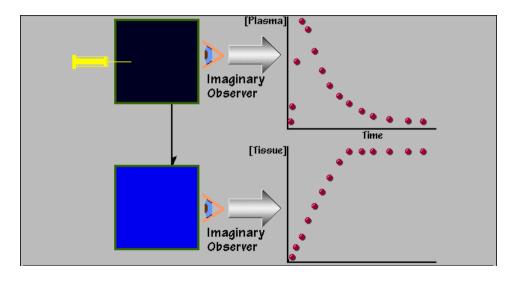
Ratio of regional and total activity.

Tracer modeling of the ROI curve

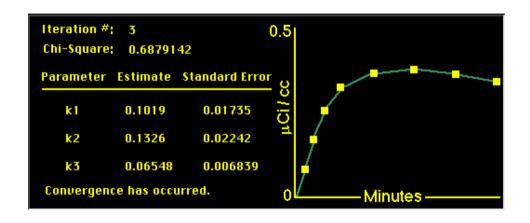


► Find biophysical model parameters — blood flow, concentrations, diffussion coefficients.

Tracer modeling of the ROI curve



Tracer modeling of the ROI curve



Nuclear imaging — summary

- + Functional imaging; intensity of the metabolic processes
- + Targeted and specific imaging, perfussion, oncology
- Radiation dose
- Manufacturing radiopharmaceuticals, expensive
- Only partial anatomy information
- Bad spatial resolution