

# Deep Learning (BEV033DLE)

## Lecture 7. Regularization

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# Regularization Methods

## ◆ Problem: Overfitting to a Finite Training Data

- Can classify the training data with 100% accuracy
- Test error is substantially larger than training error

## ◆ Explicit Regularization:

- Parameter Regularization (L1, L2, General norms)
- Data Augmentation (random transforms, noises)
- Dropout
- Cross-validation (hyper parameters, early stopping, model selection)
- ...

## ◆ Implicit Regularization (Side Effects):

- SGD, Initialization, Batch Normalization

## ◆ Everything Else:

- Network Architecture (invariances, parameter sharing, depth, attention)
- Loss function, task formulation, transfer learning

# Parameter Regularization

## General Setup

◆ Regularized training objective:

$$\min_{\theta} \mathcal{L}(\theta) + \lambda R(\theta) = \min_{\theta} \sum_i l_i(\theta) + \lambda R(\theta)$$

- $l_i(\theta)$  - loss function for the data point  $(x_i, y_i)$
- $R(\theta)$  - function not depending on data
- $\lambda$  - regularization strength

◆ Can be interpreted as maximum a posteriori (MAP) parameter estimation:

- $p(D|\theta)$  - likelihood of the data given parameters
- $p(\theta) \propto \exp(-\lambda R(\theta))$  - prior on the model parameters
- $p(\theta|D) = \frac{p(D|\theta)p(\theta)}{p(D)}$  - Bayesian posterior over parameters
- $\hat{\theta}_{\text{MAP}} = \underset{\theta}{\operatorname{argmax}} p(D|\theta)p(\theta) = \underset{\theta}{\operatorname{argmax}} \log p(D|\theta) + \log p(\theta)$

[\[RPZ lecture 3:\(Parameter Estimation: Maximum a Posteriori \(MAP\)\)\]](#)

◆ In practice also commonly appears in the form independent of the amount of data:

$$\min_{\theta} \frac{1}{n} \sum_i l_i(\theta) + \lambda R(\theta)$$

- $\lambda$  is tuned for a given dataset with cross-validation

# L<sub>2</sub> Regularization (Weight Decay)

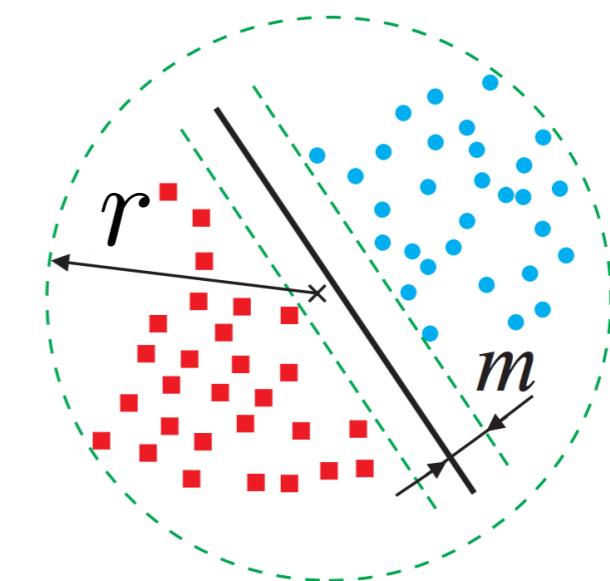
- ◆ L<sub>2</sub>-regularization ( $l_2$ , weight decay):  $R(\theta) = \frac{1}{2}\|\theta\|^2$

- ◆ In SVMs:

- Maximize margin and minimize slacks:

$$\min_{w,b} \sum_i \text{ReLU}(1 - (w^T x_i + b)y_i) + \lambda \frac{1}{2}\|w\|^2$$

- Generalization bounds tighter with larger margin, independent of dimensionality

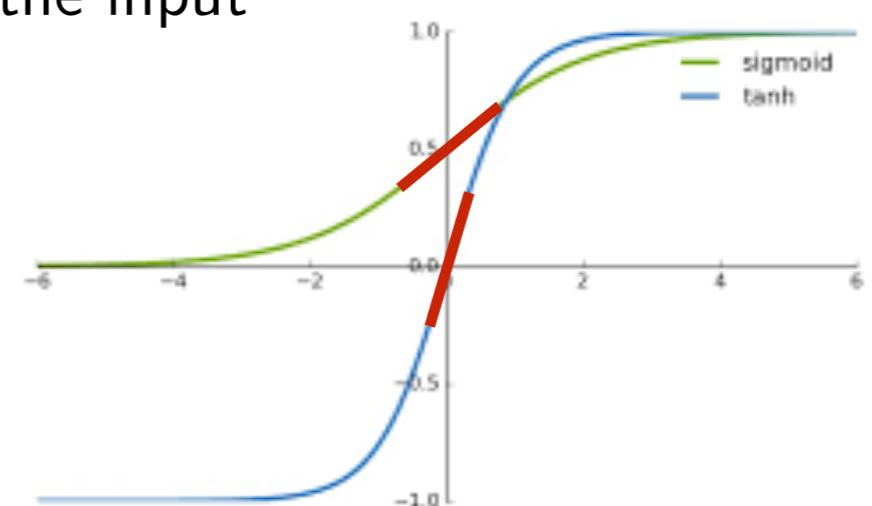


- ◆ In Linear Regression:

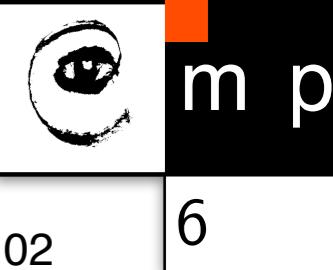
- Ridge regression:  $\min_{\theta} \sum_i (\theta^T x_i - y_i)^2 + \frac{\lambda}{2}\|\theta\|^2$
- Solution:  $\hat{\theta} = (X X^T + \lambda I)^{-1} X^T y$
- Helps with underdetermined problems
- Equivalent to *multiplicative noise*  $\mathcal{N}(1, \lambda^2)$  on the input
- Smoothing effect (reduces variance of  $\hat{\theta}$ )

- ◆ Sigmoid NNs:

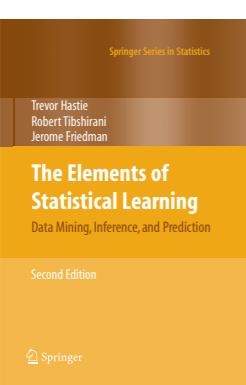
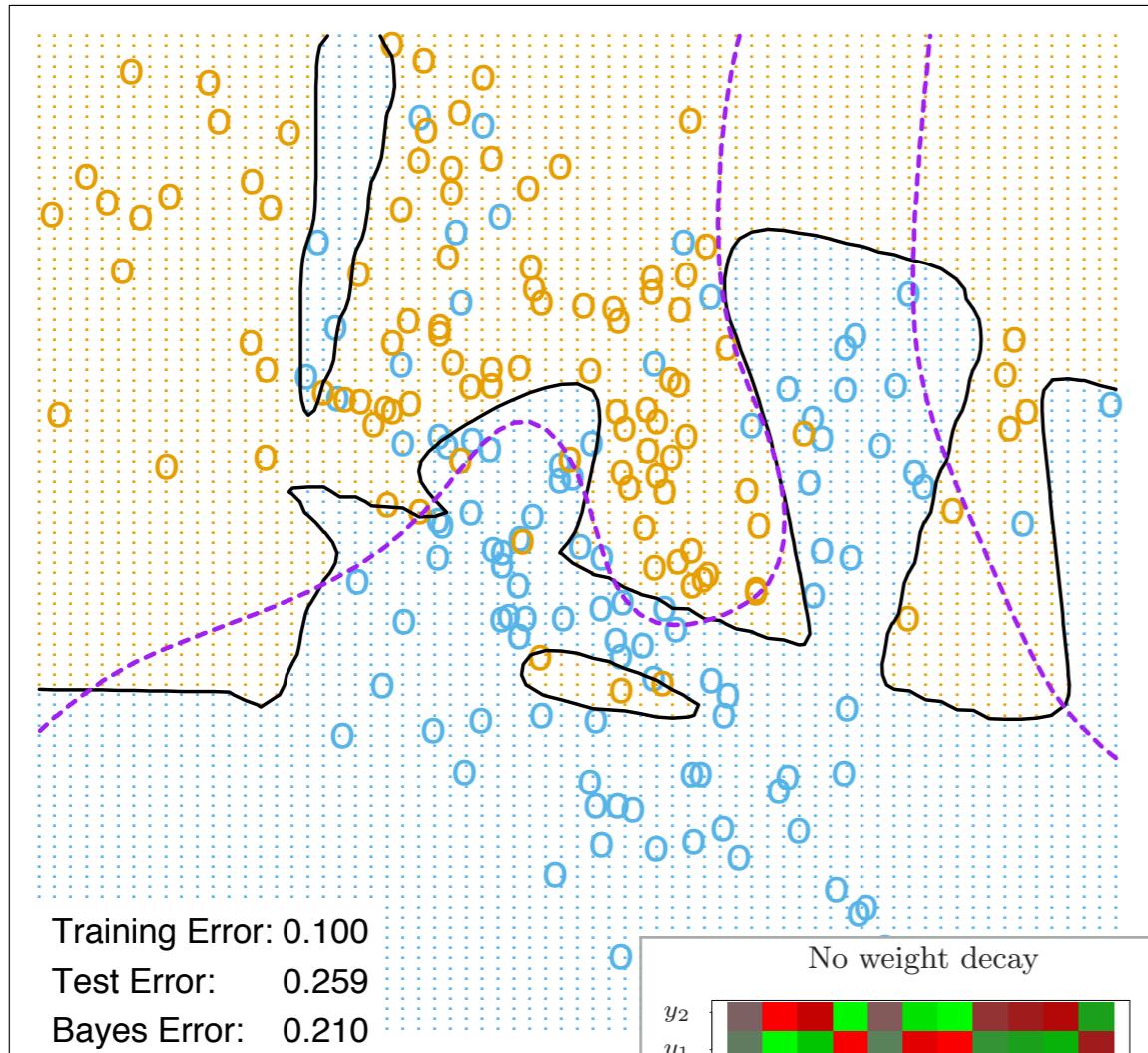
- Small  $\theta \rightarrow$  sigmoid outputs are close to linear  
→ smoother classification boundary



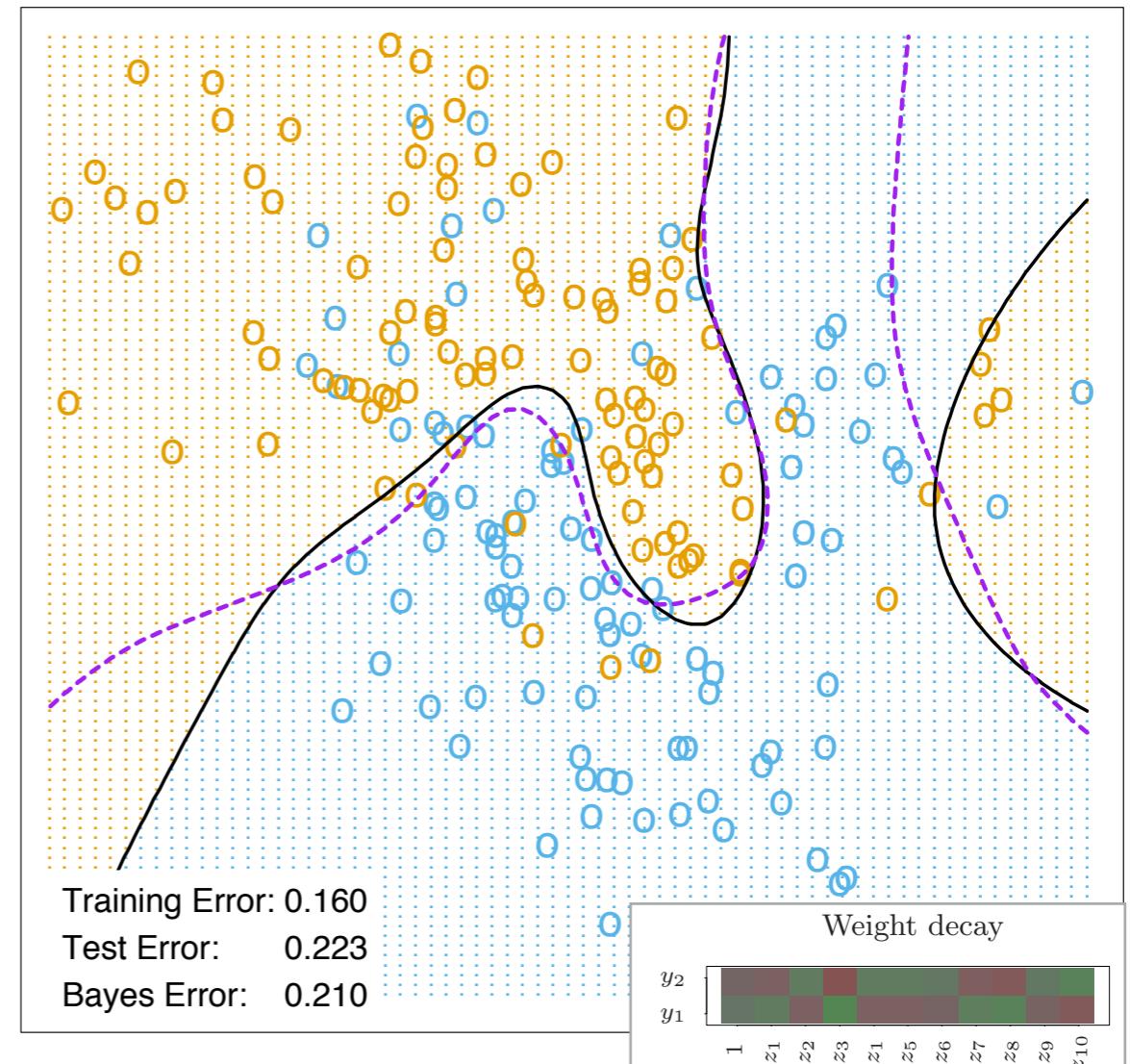
# Simulated Data Example



Neural Network - 10 Units, No Weight Decay



Neural Network - 10 Units, Weight Decay=0.02



Hastie, Tibshirani and Friedman: The Elements of Statistical Learning  
<https://web.stanford.edu/~hastie/ElemStatLearn/>

# Weight Decay

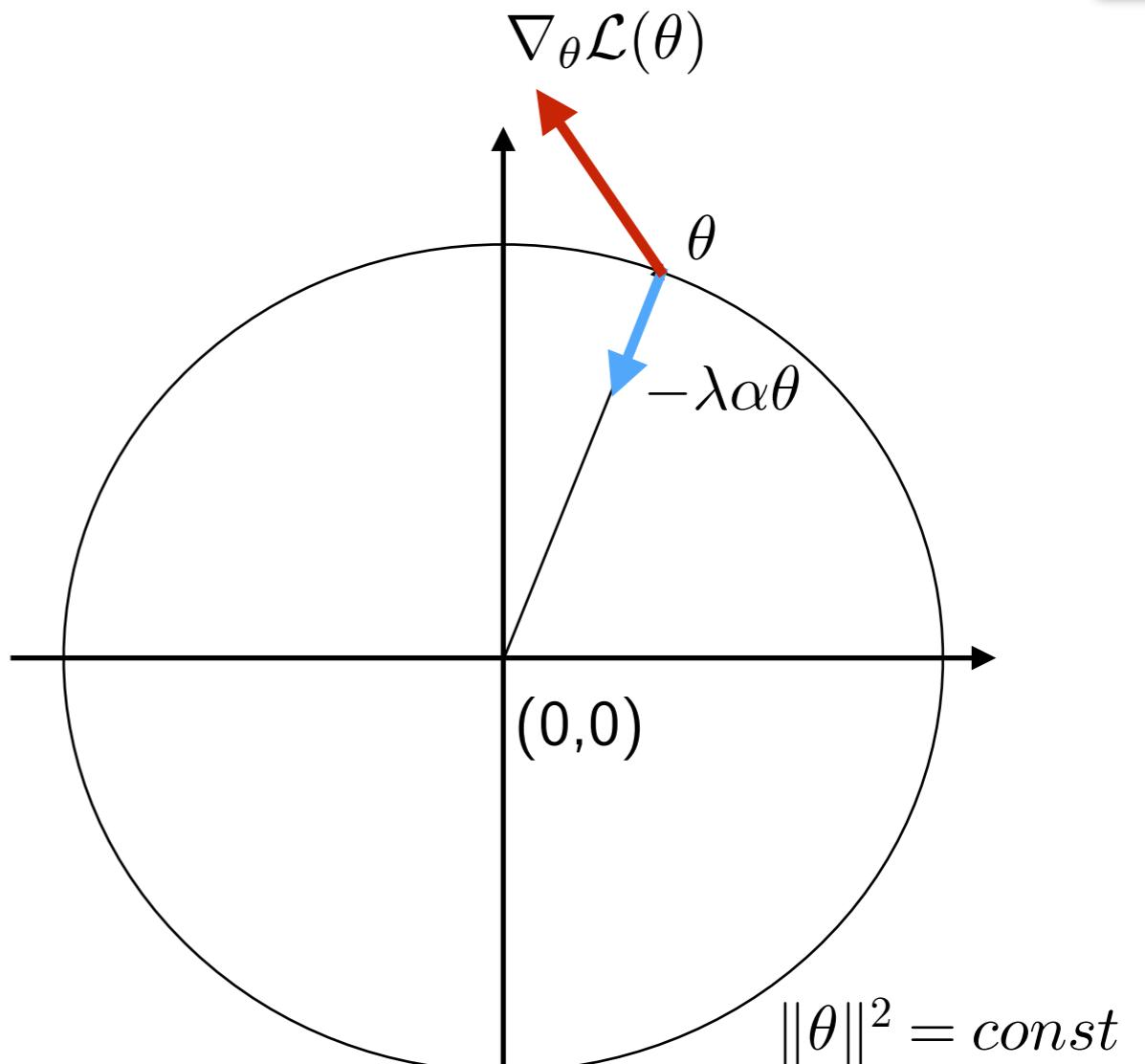
◆  $\min_{\theta} \mathcal{L}(\theta) + \frac{\lambda}{2} \|\theta\|^2$

◆ Gradient descent:

- $g^t := \nabla_{\theta} \mathcal{L}(\theta) + \lambda \theta$

- $\theta^{t+1} = \theta^t - \alpha g^t$

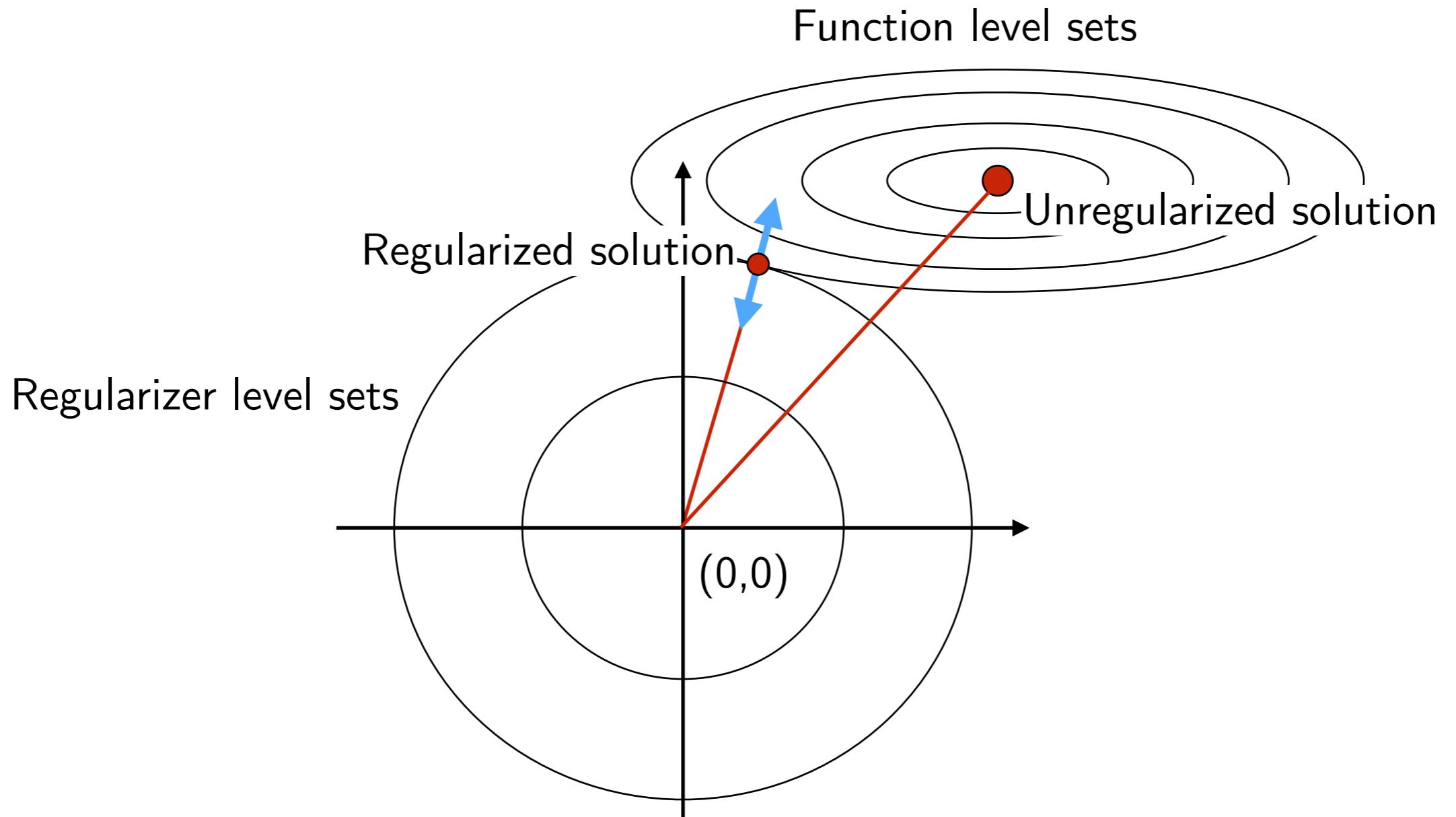
- $\theta^{t+1} = \underbrace{(1 - \alpha \lambda)}_{\text{decay}} \theta^t - \alpha \nabla_{\theta} \mathcal{L}(\theta)$



◆ In neural networks:

- There is typically a manifold of optimal solutions, small regularization of order  $10^{-5}$  may have effect
- It may be desirable to exclude biases from regularization

# L2 Regularization Effect

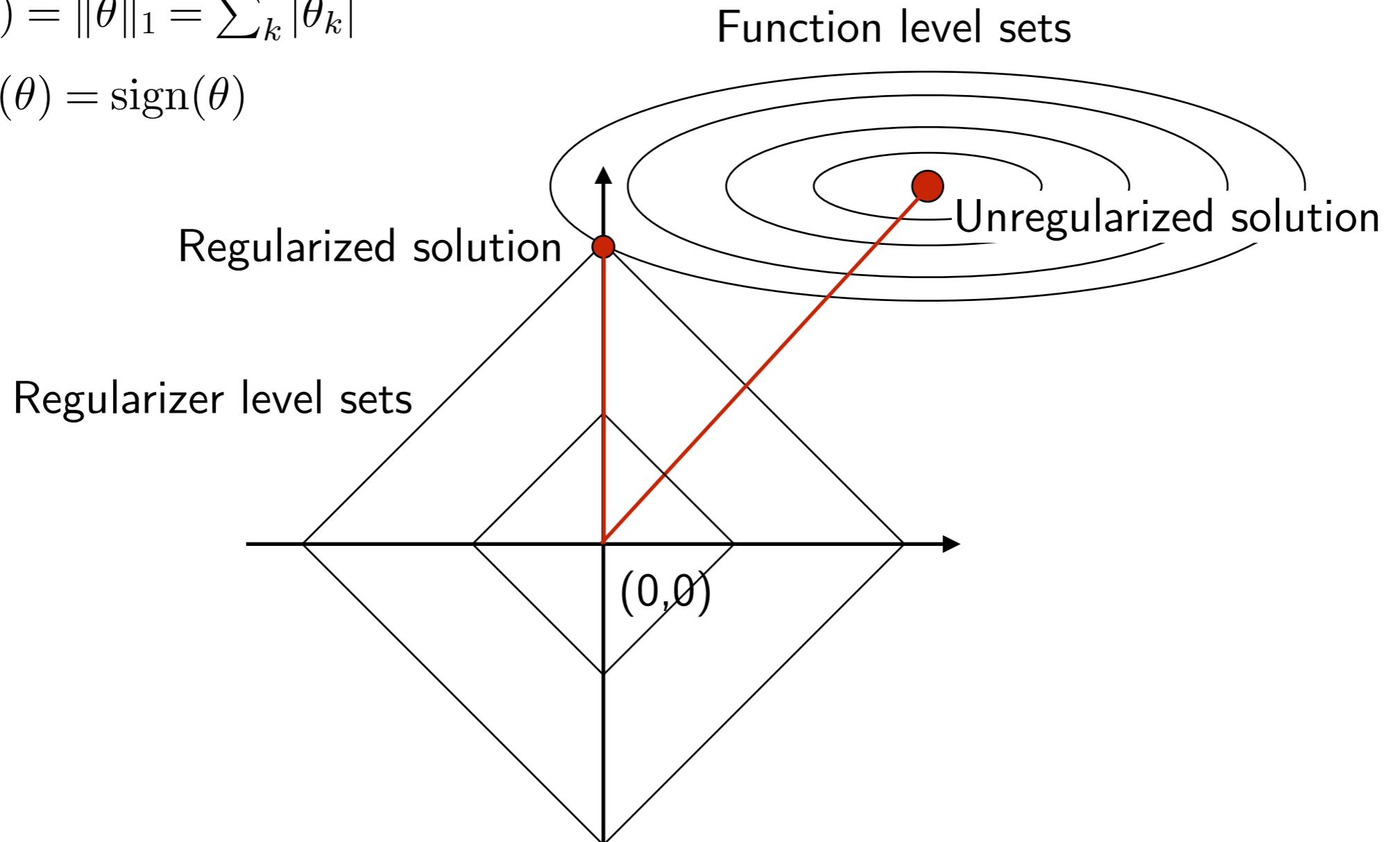


- ◆  $L_2$  regularization effect (approximately quadratic loss):

- Parameter shrink along eigenvectors of the loss Hessian by  $\frac{s_i}{s_i + \lambda}$
- $s_i$  – eigenvalue, curvature along  $i$ 'th eigenvector

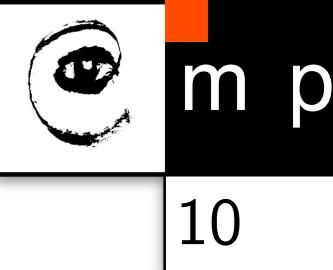
# L1 Regularization

- ◆  $R(\theta) = \|\theta\|_1 = \sum_k |\theta_k|$   
 $\nabla R(\theta) = \text{sign}(\theta)$



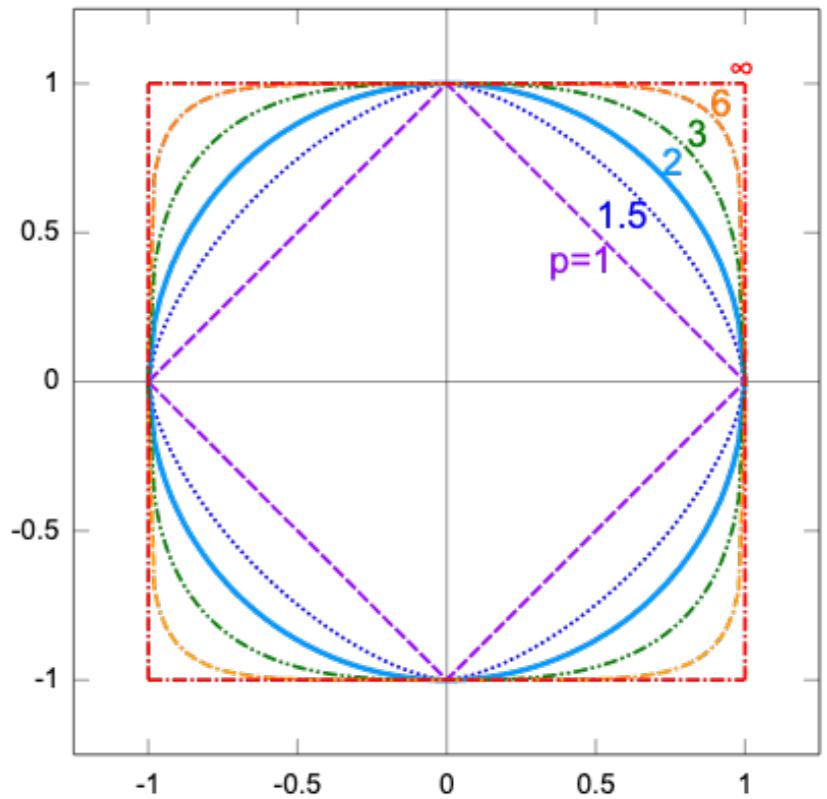
- ◆ L1 regularization effect:
  - promotes sparsity
  - for better generalization we typically do not want sparsity (= less parameters)

# Other Variants



## ◆ More General Norms:

- $L_p$  norm:  $R(\theta) = \|\theta\|_p = \left( \sum_i |\theta_i|^p \right)^{\frac{1}{p}}$
- $p < 1$  is closer to counting non-zero weights, i.e. sparsity
- $p = \infty$  results in  $R(\theta) = \max_i \theta_i$
- $L_{p,q}$  norm:  $R(W) = \|W\|_{p,q} = \left( \sum_j \left( \sum_i |W_{ij}|^p \right)^{\frac{q}{p}} \right)^{\frac{1}{q}}$

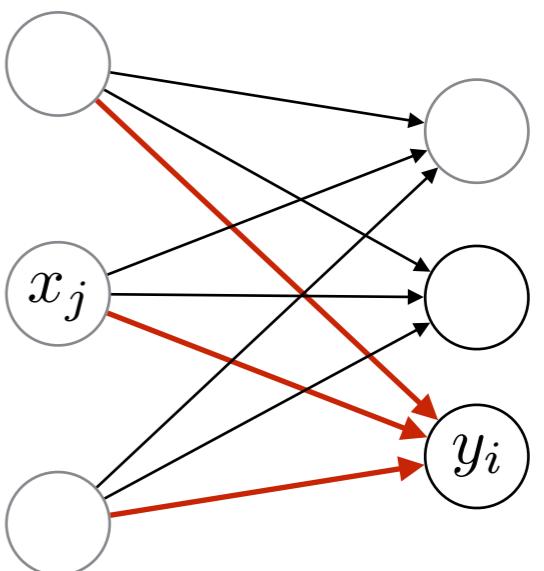


## ◆ Constrained Optimization Form:

$$\min_W L(W) \text{ s.t. } R(W) \leq s$$

- Does not make weights small, but prevents them from growing too high
- Can use projected SGD to solve
- In particular  $L_2$  norm on each column:  $\forall i \quad \sum_j W_{ij}^2 \leq s$   
called **max-norm** appears useful

$$y_i = \sum_j W_{ij} x_j$$

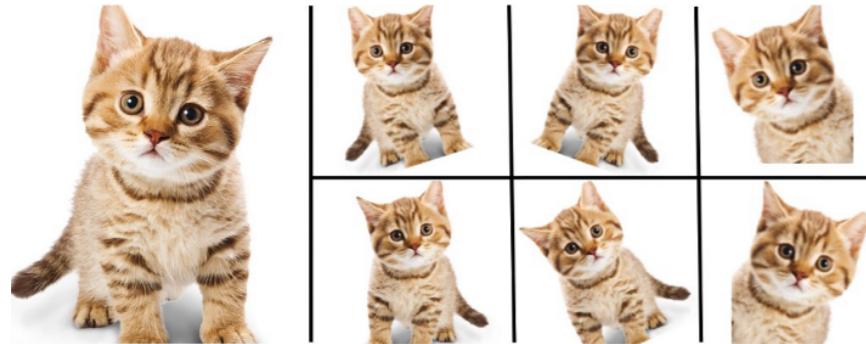


# Data Augmentation

# Data Augmentation (Image Classification)

## ◆ Random transforms:

- the transformed input should be as likely in the data distribution
- the class label should stay the same
- original image should be kept with sufficient probability



**Geometric:** scale, crop, rotation, non-rigid

**Photometric:** brightness, contrast

**Filters:** blur, sharpen, low-pass

**Simulation:** acquisition noise, fully synthetic

## ◆ Pros:

- Can improve generalization
- Can improve model robustness / enforce invariances of features

## ◆ Cons:

- altering the true data distribution too much could worsen performance (e.g. too much noise, synthetic-real gap)
- training could be slower

# Data Augmentation (Image Classification)

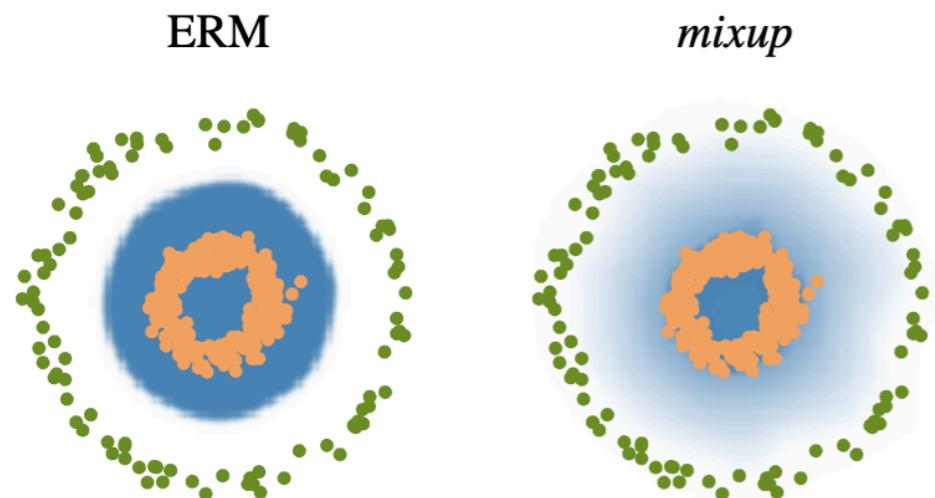
◆ Mixup (Zhang et al .2018):

$$\tilde{x} = \lambda x_i + (1 - \lambda)x_j, \quad \text{where } x_i, x_j \text{ are raw input vectors}$$

$$\tilde{y} = \lambda y_i + (1 - \lambda)y_j, \quad \text{where } y_i, y_j \text{ are one-hot label encodings}$$



Inductive bias towards linear predictors -- smoother confidences and decision boundaries



Dataset	Model	ERM	mixup
CIFAR-10	PreAct ResNet-18	5.6	<b>4.2</b>
	WideResNet-28-10	3.8	<b>2.7</b>
	DenseNet-BC-190	3.7	<b>2.7</b>
CIFAR-100	PreAct ResNet-18	25.6	<b>21.1</b>
	WideResNet-28-10	19.4	<b>17.5</b>
	DenseNet-BC-190	19.0	<b>16.8</b>

Powerful idea to augment an image: use other images (labelled or not)

(\*) Cross-entropy is linear in the target  $y \Rightarrow$  reduces to regular data augmentation

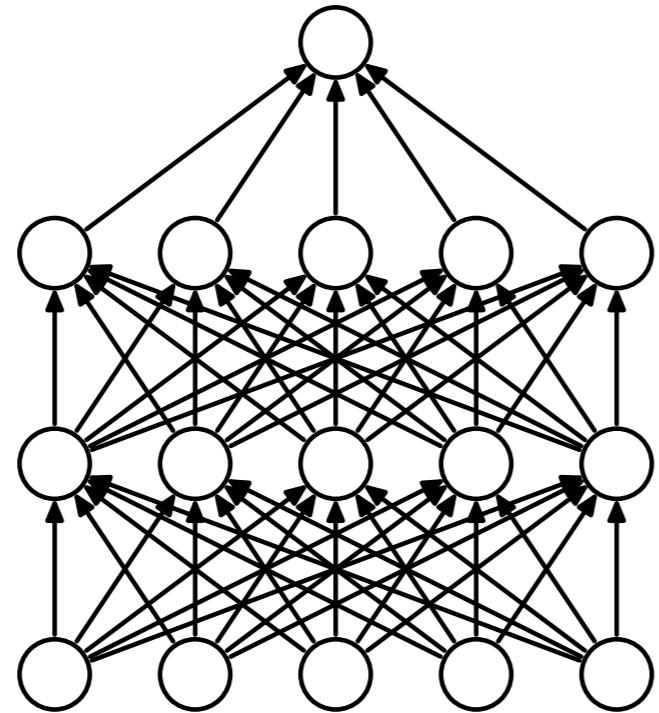
# Injected Noises / Dropout

## ◆ Injected Noises:

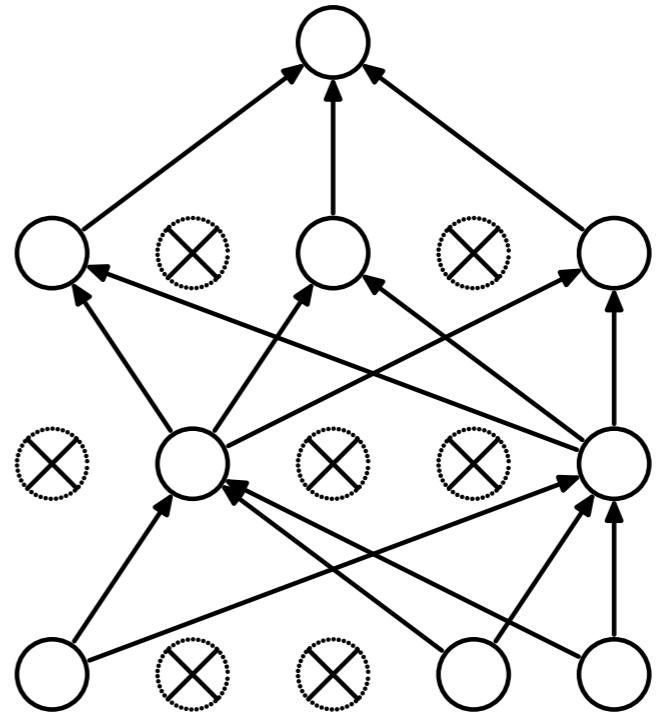
- input
- deep features
- parameters
- gradient updates

Bayesian learning, robust local minima

# Dropout



(a) Standard Neural Net



(b) After applying dropout.

[Hinton et al. (2012) Improving neural networks by preventing co-adaptation of feature detectors]

[Srivastava et al. (2014) Dropout: A Simple Way to Prevent Neural Networks from Overfitting]

◆ During training:

- Randomly, "drop" some neurons -- set their outputs to zero
  - This results in the associated weights not being used and we obtain a (random) subnetwork
  - When learning, the network develops robustness to units being dropped
- ◆ During testing:
- Use all units -- ensemble of random subnetworks trained on differently sampled data

# Mathematical Model

- ◆ What does it mean mathematically?

- Introduce random Bernoulli variables  $Z_i = \begin{cases} 1, & \text{with probability } p, \\ 0, & \text{with probability } 1 - p, \end{cases}$
- multiplying outputs of the preceding layer
- Can interpret outputs multiplied with 0 as dropped
- Drop probability  $q = 1 - p$
- Next layer activations:  $a = W(x \odot Z)$

- ◆ Prediction is random now?

- Denote the network output as  $f(x, Z; \theta)$
- We have two choices how to make predictions:

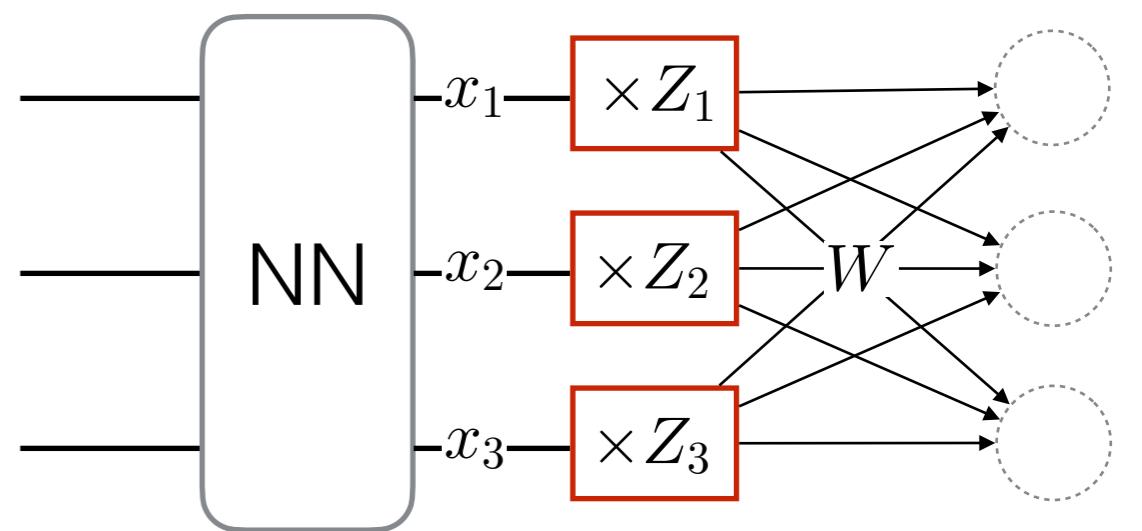
- **Randomized predictor:**  $p(y|x, Z) = f(x, Z; \theta)$

- **Ensemble:**  $p(y|x) = \mathbb{E}_Z[f(x, Z; \theta)] = \sum_z p(z)f(x, z; \theta)$

- ◆ We use randomized predictor for training (easier)

- ◆ We use ensemble (or its approximation) for testing

*Note: Gaussian multiplicative  $\mathcal{N}(1, \sigma^2)$  noises work as well (Gaussian Dropout)*



$$Z_i \sim \text{Bernoulli}(0.3)$$

## ◆ Expected loss of randomized predictor:

- Double expectation in noises and data:  $\mathbb{E}_Z \left[ \mathbb{E}_{(x,y) \sim \text{data}} \left[ l(y, f(x, Z; \theta)) \right] \right]$
- Same as:  $\mathbb{E}_{Z \sim \text{Bernoulli}(q), (x,y) \sim \text{data}} \left[ l(y, f(x, Z; \theta)) \right]$

## ◆ What it means practically:

- Draw a batch of data
- For each data point  $i$  independently sample noises  $z_i$
- Unbiased loss estimate using a batch of size  $M$ :  
$$\frac{1}{M} \sum_{i=1}^M l(y_i, f(x_i, z_i; \theta))$$
- Compute forward and backward pass
- Will have increased variance of the stochastic gradient

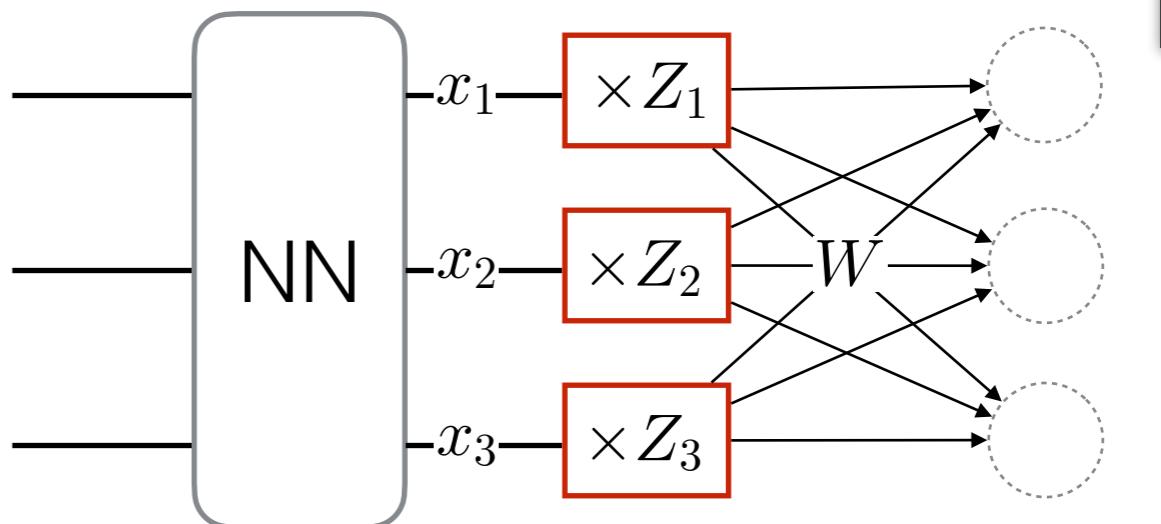
◆ Use approximation (common default):

- $\mathbb{E}_Z[f(x, Z; \theta)] \approx f(x, \mathbb{E}_Z[Z]; \theta)$

- Since  $\mathbb{E}_Z[Z] = p$ , we have

$$a = W(x \odot \mathbb{E}[Z]) = (pW)x$$

- i.e. need to scale down the weights



$$Z_i \sim \text{Bernoulli}(0.3)$$

$$\mathbb{E}[Z] = p$$

◆ Use sampling:

- $\mathbb{E}_Z[f(x, Z; \theta)] \approx \frac{1}{M} \sum_{i=1}^M f(x_i, z_i; \theta)$

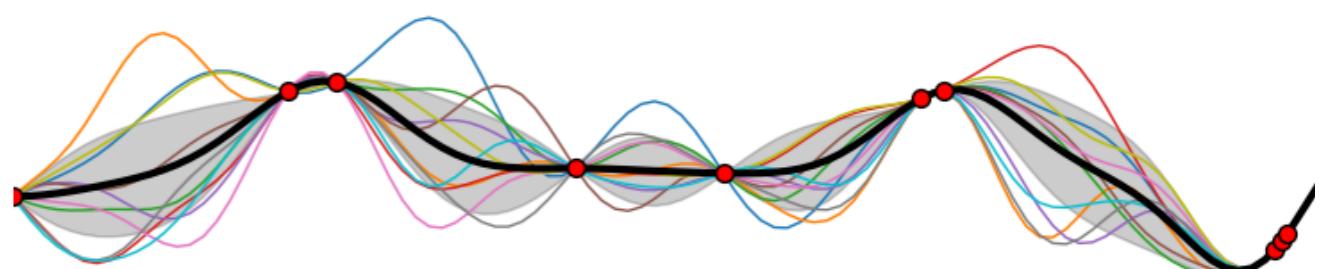
- Generalizes slightly better than the above

- Can be used to also estimate model uncertainty

◆ Both variants achieve a "committee"

or "ensembling" effect

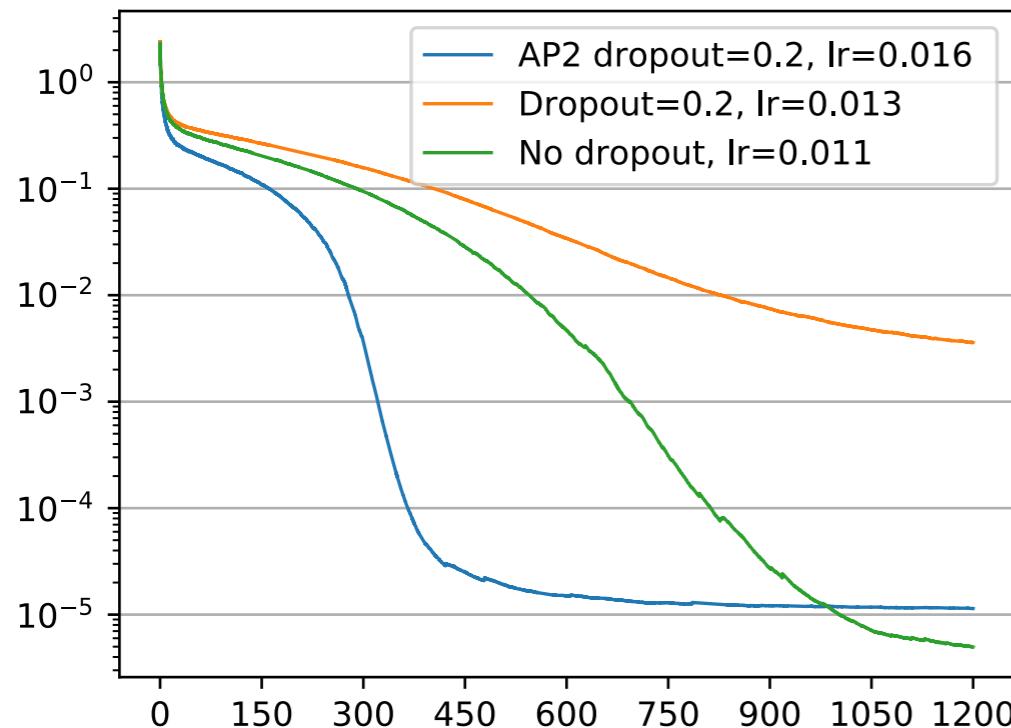
averaging of many well fitting models:



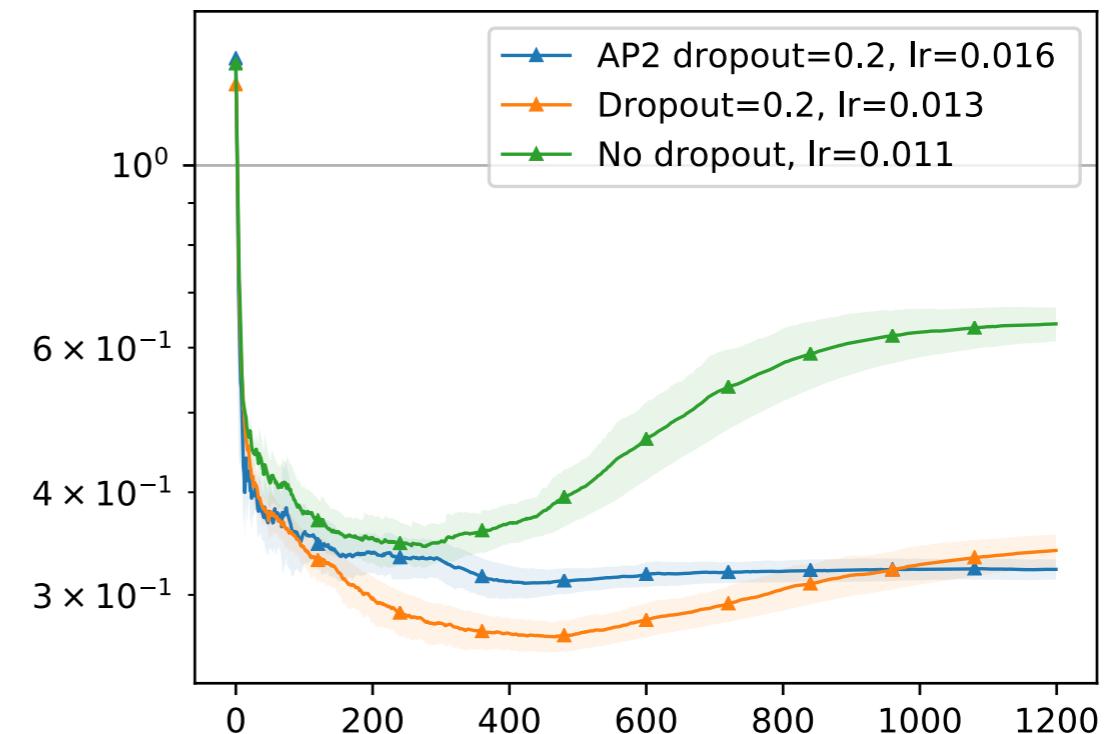
- ◆ More accurate analytic approximations than the first option are possible

# CIFAR10 Example: Dropout

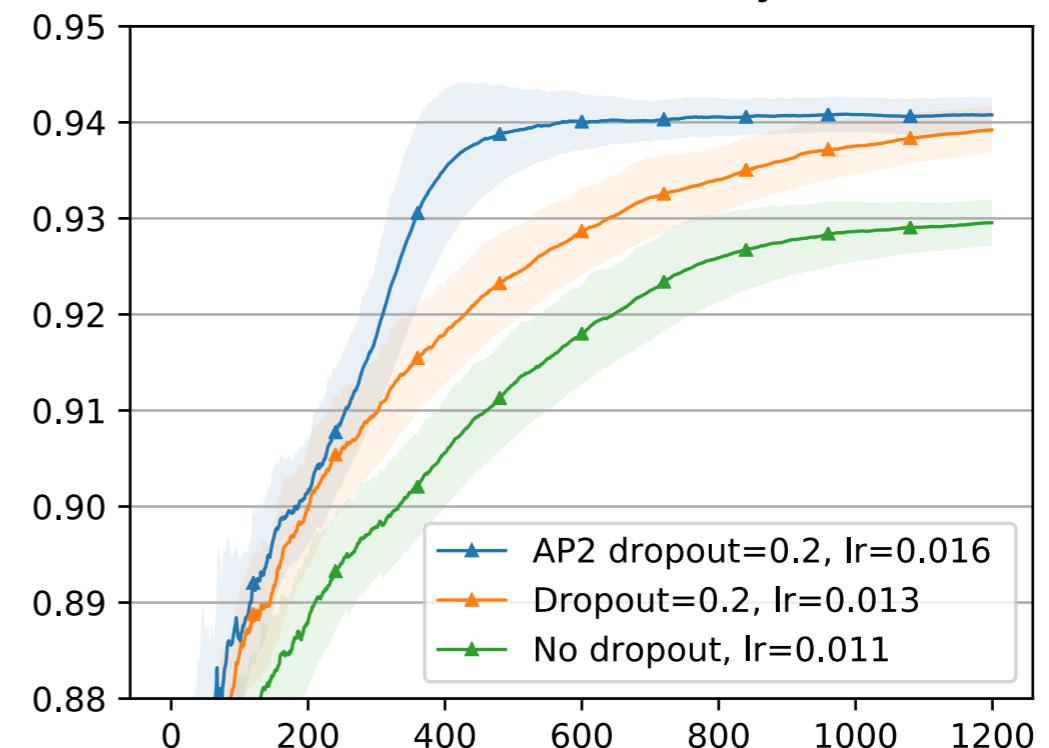
Training Loss



Validation Loss



Validation Accuracy

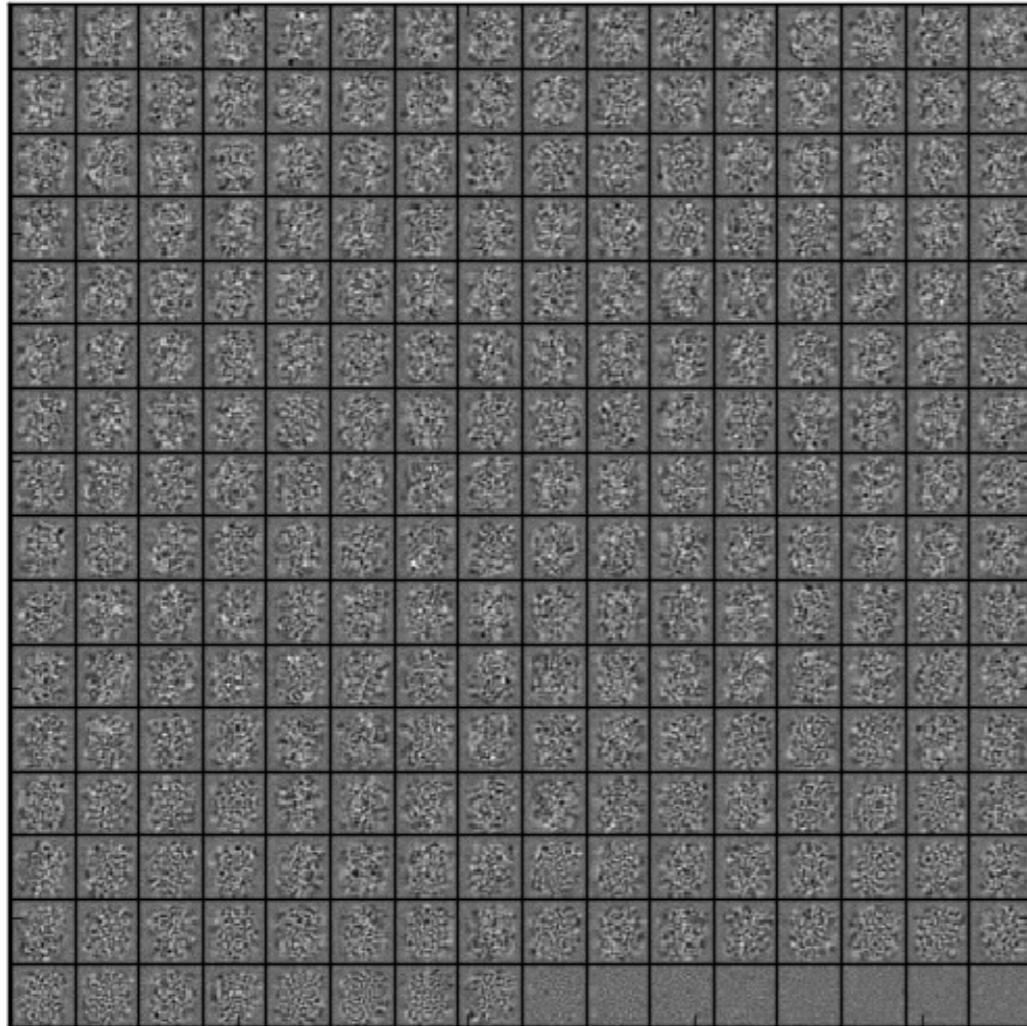


- ❖ Typically need to train longer due to higher gradient variance
  - There are techniques to approximate the effect analytically:  
Fast Dropout, Analytic Dropout (AP2)

## Effect on Features

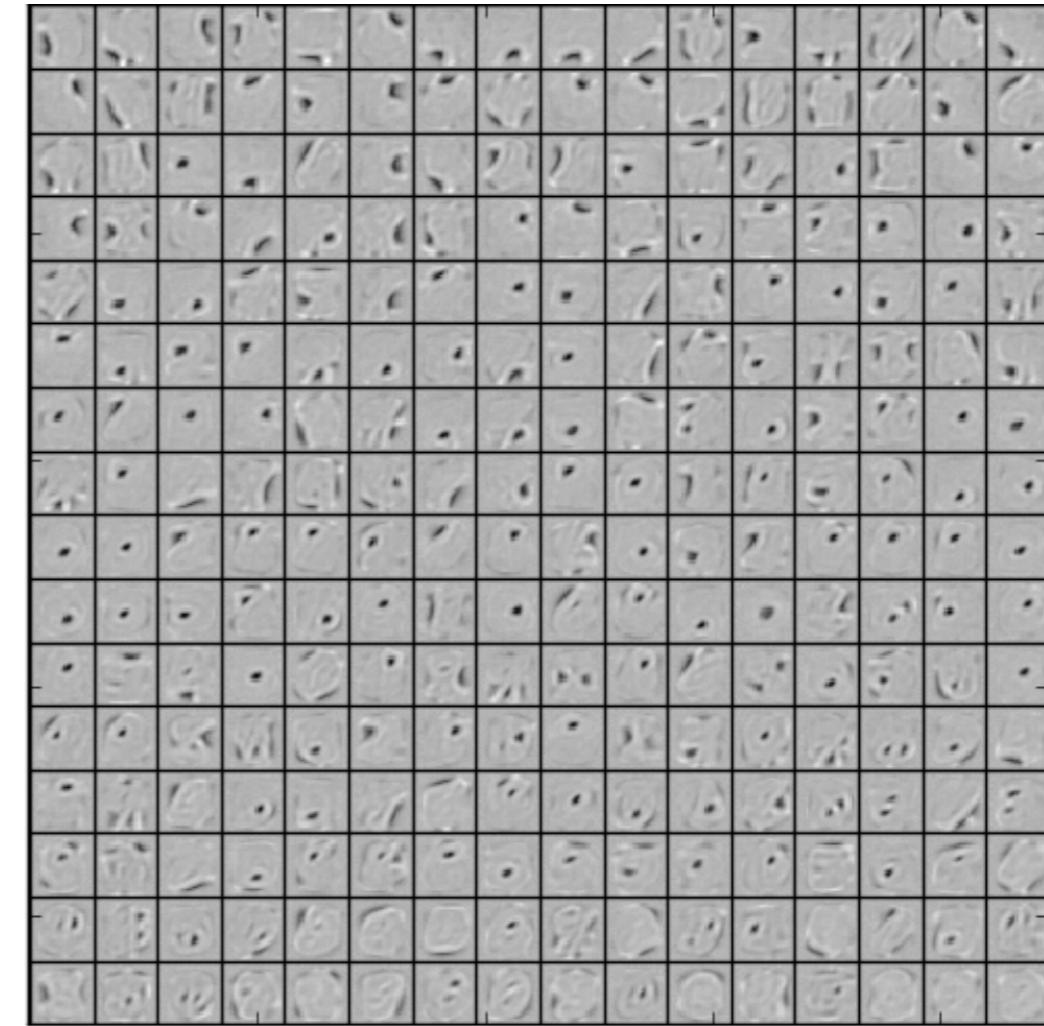
### ◆ Experiment:

- MNIST auto encoder with 1 fully-connected hidden layer of 256 units



(a) Without dropout

[Srivastava et al. (2014)]



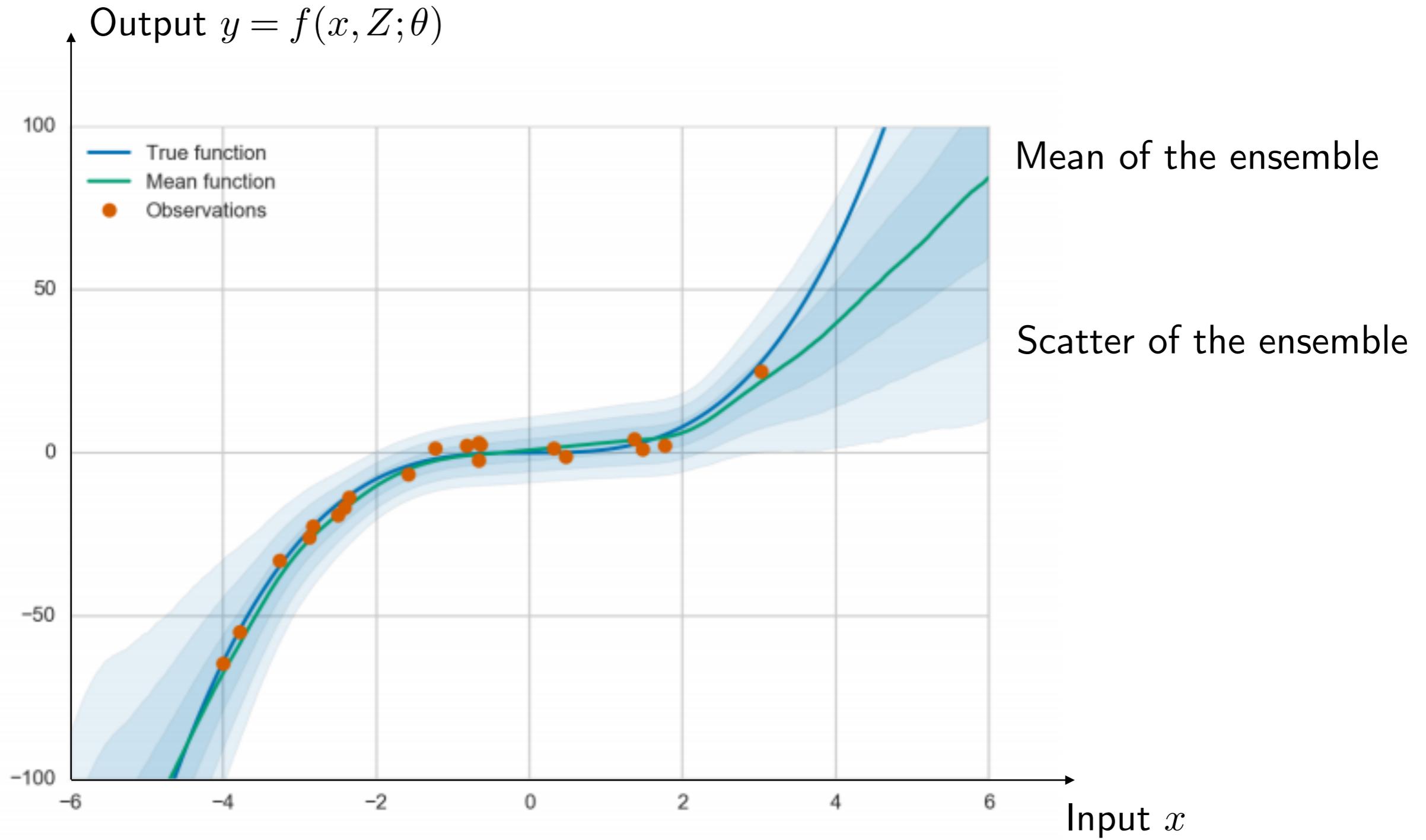
(b) Dropout with  $p = 0.5$ .

- ◆ Hypothesis: dropout prevents co-adaptation and learns simpler features

- ◆ Further interesting studies in the paper: effect on activation sparsity, connection to ridge regression, etc.

# Model Uncertainty with Dropout

[Louizos and Welling 2017]



# Implicit Regularization

# CIFAR10 Example: BN

◆ BN has a strong regularization effect!

- It depends on a randomly formed batch -> injecting specific structured noises
- The normalization bends the parameter space -> different behavior of SGD

